

Desserts & Cakes

CARROT CAKE 4.25

Topped with a tangy layer of cream-cheese icing served with whipped cream.

DIME BAR CAKE - GLUTEN FREE 3.95

Deliciously smothered with milk chocolate and served with whipped cream.

STICKY TOFFEE PUDDING 4.50

A wickedly indulgent treat served with cream, ice cream or custard.

CHOCOLATE FUDGE CAKE 4.50

Rich chocolate sponge served with whipped cream.

CHEESECAKE 3.95

Creamy white chocolate and raspberry brulee cheesecake served with whipped cream and raspberry sauce.

LEMON TART 4.75

Tangy lemon tart served with whipped cream.

Ice Cream & Sundaes

MÖVENPICK ICE CREAM SUNDAE 4.75

3 scoops of a 100% natural ice cream topped with whipped cream and wafers. Served with either raspberry or butterscotch sauce.

MÖVENPICK ICE CREAM

100% natural ice cream

Swiss Vanilla, Swiss Chocolate and Swiss Strawberry

1 scoop 1.75

2 scoops 2.95

3 scoops 3.95

BANANA SPLIT 4.50

Vanilla, chocolate and strawberry ice cream, fresh banana and whipped cream drizzled with butterscotch sauce. Delicious!

Healthy Drinks, Smoothies & Soft Drinks

GLASS OF FRESH COLD MILK 95p

ORGANIC ORANGE OR BLACKCURRANT HIGH JUICE SQUASH 95p

PINEAPPLE, BANANA & PASSION FRUIT 2.50

ORANGE, BANANA & MANGO 2.50

CHOCOLATE OR STRAWBERRY NESQUIN MILK 1.85 2.25 2.75

BOTTLED MINERAL WATER - SPARKLING OR STILL 330ml 1.50

COCA-COLA, DIET COKE, FANTA, SPRITE

kids 95p regular 1.75 large 1.95

APPETISER 1.95

J20 2.35

**WE'RE OPEN
ALL DAY
JOIN US
ANYTIME!**

**SPORTS
CAFE**

Pitchers

Any 5 bottles of 10.95

San Miguel, Heinekin or Moretti

4 bottles of VK 9.95

Orange, Tropical or Apple

Foster's 10.95

4 pint pitcher

John Smith's 10.95

4 pint pitcher

Strongbow Cider 11.95

4 pint pitcher

Kronenbourg 1664 12.95

4 pint pitcher

Draught Beer ½ Pint Pint

Foster's Lager 4.0% ABV 1.50 3.00

Kronenbourg 1664 5.0% ABV 1.75 3.45

John Smith's Extra Smooth 3.8% 1.50 3.00

Strongbow Cider 4.5% ABV 1.85 3.25

Guinness 4.1% ABV 1.75 3.50

Bottled Beers & Cider

Becks Bier 5.0% ABV Germany 3.25

San Miguel 5.0% ABV Spain 2.95

Peroni Nastro Azzuro 5.1% ABV Italy 3.25

Budwieser 5.0% ABV USA 3.25

Bulmers Cider 5.3% ABV UK 3.95

Heinekin 5.0% ABV Dutch 2.95

Moretti 4.6% ABV Italy 2.95

White Wines

175ml 250ml bottle

Santa Serena Sauvignon Blanc, Chile 3.25 4.50 12.95

Aromas of lively gooseberry with soft creamy fruit. Deliciously refreshing.

Humboldt Coast Colombar/Chardonnay, USA 3.50 4.50 13.25

A good balance between fresh colombar and the ripe peachy fruit character of Californian chardonnay.

Sartori Pinot Grigio delle Venezie, Italy 3.75 4.95 13.95

Zingy and fresh with a tongue-tingling acidity. The perfect aperitif.

Red Wines

175ml 250ml bottle

Santa Serena Merlot, Chile 3.25 4.50 12.95

Light, plummy notes on the nose and ripe berry fruit with soft tannins on the palate make for a very smooth and balanced wine

Bilyara Shiraz, Australia 3.95 5.25 14.95

Soft complex berry fruit flavours. Ripe fruity finish.

Espirial Old Vine Tempranillo, Catalunya 4.25 5.50 15.95

Dark garnet flavour with ripe forest fruits. Elegant background of toffee and apricots. Powerful with a persistent aftertaste of vanilla oak

Rosé Wine

175ml 250ml bottle

Santa Serena Rosé, Chile 3.25 4.50 12.95

This wine shows fresh red berry fruit character on the nose & palate, in an off dry style which is very refreshing.

Otra Vida Malbec Rosé, Mendoza, Argentina 13.95

This deep Argentinian rosé is brimming with fresh berry fruit

Champagne & Sparkling

bottle

Veuve St. Vincent Brut Rosé, France 19.95

Selected from the best wines. It is light and fruity and has been naturally fermented. A great sparkler for celebrations!

Genter Parcs Champagne NV, France 35.00

Full-bodied with hints of dried fruit and apricot aromas.

Genter Parcs Rosé Champagne 45.00

Delicious with rich blackcurrant flavours.

Lanson Black Label Brut, NV 45.00

A fine mousse of bubbles and a toasty, honeyed nose in perfect balance.

If a particular wine or year is not available, we reserve the right to offer you the nearest alternative. Wines on this list have an alcohol content between 8.5% and 15%

**4 BOTTLES
OF VK
£9.95**

**4 PINT
PITCHER FROM
£10.95**

**5 BOTTLES
OF BEER
£10.95**

SPORTS CAFE

IT'S NOT JUST THE EATING AND DRINKING,
IT'S THE TAKING PART!

HOW TO ORDER YOUR MEAL...

1. Remember table number
2. Order and pay at the bar
3. Food served direct to your table

Breakfast

Served until noon everyday

Add tea or coffee and orange juice for 1.50 with every breakfast.

BREAKFAST BAPS 2.95

Grilled bacon or sausage on a white floured bap.

SCRAMBLED EGGS ON TOAST (w) 3.95

Scrambled eggs served on buttered toast.

SPORTS CAFÉ FULL ENGLISH BREAKFAST 6.95

Sausage, bacon, egg (fried or scrambled), tomato, mushrooms, baked beans, hash brown & toast.

SPORTS CAFÉ CHAMPIONS BREAKFAST 9.95

2 sausages, 2 bacon, 2 eggs (fried or scrambled), tomato, mushrooms, baked beans, 2 hash browns, 2 toast & orange juice.

BREAKFAST ADD ONS

Add extra items to any breakfast
Sausage or bacon 95p egg or mushrooms 75p tomato, baked beans, hash brown 50p

PORRIDGE (w) 1.95

Porridge oats cooked in milk, served with honey.

TOAST & JAM (w) 1.95

Toasted bloomer bread served with butter and jam or marmalade.

FRUIT PLATE (w) 2.95

Freshly prepared fruit platter.

Kids Breakfast

Served until noon everyday

Add any kids drink for 75p with every kids breakfast.

Sausage, bacon, egg (scrambled or fried), toast, beans, hash brown, tomato.

CHOOSE ANY 3 ITEMS 3.25 4 ITEMS 3.75 5 ITEMS 4.25

Baked Potatoes

Served between noon and 5pm

Choose from the following fillings:

BAKED POTATO WITH BUTTER 4.95

TUNA MAYO, CHEDDAR CHEESE (w), COLESLAW (w), BAKED BEANS (w), CHILLI CON CARNE or VEGETARIAN CHILLI (w)

Load up your potato with one filling **5.50**

Double up with two fillings **5.95**

Sides

SPICY POTATO WEDGES 2.50

THICK CUT CHIPS 2.50

MASH 2.40 NEW

SIDE SALAD 2.50

COLESLAW 1.50

ONION RINGS 2.25

GARLIC BREAD 2.50

GARLIC BREAD WITH CHEESE 2.95

NAAN BREAD 1.95 NEW

Sandwiches

Served between noon and 5pm everyday

add fries to your sandwich for only 1.50

Freshly prepared to order on bloomer bread (brown or white) or white baguettes.

CAJUN CHICKEN 5.25

Cajun chicken breast with fresh salad.

TUNA MAYO 4.95

Tuna chunks in mayo dressing served with fresh cucumber.

CHEDDAR CHEESE & BRANSTON PICKLE (w) 4.95

English cheddar cheese with Branston.

BAKED HAM & TOMATO 4.95

Sliced baked English ham served with ripened tomatoes.

CHICKEN CAESAR WRAP 5.25

Chicken breast, crisp lettuce and caesar dressing served in a tortilla wrap.

FRESH SOUP 3.95

...of the day - created daily in-house by our chefs, served in a bowl with bread.

CHOOSE ANY SOUP AND SANDWICH 7.50

CHOOSE ANY SOUP AND HALF SANDWICH 5.50



Burgers

Served all day every day from 12 noon

All burgers are served with lettuce, tomato, onion and mayonnaise on a sesame bun with thick cut chips

SPORTS CAFÉ BURGER 7.95

Chargrilled 100% beef burger with chips and coleslaw.

CRISPY CHICKEN FILLET BURGER 8.50 NEW

Crispy chicken fillet with cheese and bacon served with chips.

VEGETARIAN BURGER (w) 6.95

A Glamorgan, Leek, Caerphilly and Cheddar burger with crisp lettuce, tomato slice, red onion & mayo.

THE FAJITA BURGER 8.95

A beefburger, served the Mexican way - topped with spicy peppers and onions, salsa, guacamole, sour cream & cheddar cheese.

DOUBLE YOUR BURGER 1.95

EXTRA TOPPINGS
Bacon 95p Cheese 75p Mushroom 75p

Soup & Salads

FRESH SOUP 3.95

...of the day - created daily in-house by our chefs, served in a bowl with bread.

CAESAR SALAD 5.95

Crisp lettuce, croutons, parmesan and Caesar dressing.

With Chicken **7.50** with Salmon **7.95**

NIGOISE SALAD 7.25 NEW

A classic salad of mixed leaf, fresh tuna, boiled egg, green beans, cherry tomatoes, new potatoes and French dressing.

Sides

SPICY POTATO WEDGES 2.50

THICK CUT CHIPS 2.50

MASH 2.40 NEW

SIDE SALAD 2.50

COLESLAW 1.50

ONION RINGS 2.25

GARLIC BREAD 2.50

GARLIC BREAD WITH CHEESE 2.95

NAAN BREAD 1.95 NEW



Ideal for those half time match munchies Platters & Plates to Share

Platters and sharing plates are a great way to share a bite or as an appetiser

COMBO PLATTER 9.95

Onion rings, potato wedges, chicken wings and garlic bread served with sour cream, BBQ sauce and salsa.

RIBS 'N' WINGS PLATTER 12.95 NEW

Half rack of pork ribs, chicken wings, BBQ sauce, fries and coleslaw.

VEGETARIAN PLATTER (w) 8.95

Onion rings, garlic bread, tempura vegetables & potato wedges served with sour cream, BBQ sauce & salsa.

NACHOS

Regular **4.50** (Add beef/vegetarian chilli £1) Large **7.95** (Add beef/vegetarian chilli £1.50)

Tortilla chips, salsa, sour cream, melted cheese, guacamole.

CHICKEN WINGS 7.95 NEW

Coated in BBQ sauce and served in a crispy tortilla.

Main Meals

For young children most dishes are available in smaller portions at half price.

♣ = Spicy! *approximate uncooked weight *fish may contain small bones

PIE OF THE DAY From 8.75 NEW

Individual succulent pies served with chips or mash and garden peas.

FISH & CHIPS' 8.95

Battered fish served with thick cut chips, peas and tartare sauce.

VEGETARIAN LASAGNE (w) 7.95

Mediterranean vegetables, bechamel sauce and cheese served with garlic bread.

CHILLI CON CARNE WITH MEXICAN RICE ♣ 8.50

VEGETARIAN CHILLI WITH MEXICAN RICE ♣ (w) 6.95

Served in a tortilla basket with Mexican rice.

BANGERS 'N' MASH 8.75 NEW

Traditional pork sausages served with mash and onion gravy.

8oz* (227g) STEAK & CHIPS 11.95

Rump steak, grilled to your liking, served with thick cut chips, grilled tomato and garden peas.

10oz* (283g) GAMMON, EGG & CHIPS 9.95

Served with a free-range egg, grilled tomato, peas and thick cut chips.

SCAMPI & CHIPS 8.95

Breaded wholetail scampi, deep fried 'til crisp with thick cut chips and garden peas.

CHICKEN TIKKA MASALA ♣ 8.95 NEW

The UK's favourite curry served with rice and naan.

SPORTS CAFÉ RIBS Full Rack 12.75 Half Rack 7.95

Pork ribs marinated in BBQ sauce served with thick cut chips and coleslaw.

Great deals at Sports Café during your stay

AVAILABLE EACH DAY FROM 5PM

MONDAY & FRIDAY

FISH & CHIPS NIGHT

BUY ONE GET ONE FREE*
on fish & chips



*cheapest meal is free

TUESDAY & SUNDAY

BURGER NIGHT

BUY ONE GET ONE FREE*
on all burgers



*cheapest meal is free

WEDNESDAY

PLATTER NIGHT

BUY ONE GET ONE FREE*
on all platters



*cheapest meal is free

THURSDAY & SATURDAY

GRILL NIGHT

BUY ONE GET ONE HALF PRICE
cheapest meal is half price



*cheapest meal is free

SUNDAY 12-5pm

ROAST OF THE DAY Adults £8.95 Kids £4.95



Kids Academy

For Goodness Sake

- Kids meal have no GM ingredients.
- Selection of dishes that are low in salt & sugar.
- Full range of organic kids meals.
- Kids menus suitable from 12 months and upwards.
- For young children most dishes are available in smaller portions at half price.
- Discuss any special dietary requirements with a member of staff.

Kids Menu

All 4.50

Meal Deal 5.50

All dishes served with chips, mash or salad and garden peas or Heinz baked beans (reduced sugar and salt)

Fish Goujons' 4.50

Succulent Fish Goujons fillet baked in a light and crispy coating.

Hot Dog 4.50

A hot dog served in a bun.

Beefburger 4.50

100% British beefburger served in a tasty bun.

Sausages and Mash 4.50

Pork sausages served with gravy.

Pasta with Tomato Sauce (w) 4.50

Pasta shapes with tasty tomato sauce.

Chicken Nuggets 4.50

Luxury chicken nuggets with a golden crispy coating.

Chicken and Vegetable Pie with Gravy 4.50

Diced chicken with carrots and peas in a white sauce with short crust pastry.

UPGRADE TO MEAL DEAL AND CHOOSE ANY KIDS DRINK & DESSERT



Kids Organic Menu All 5.50

Meal Deal 6.50

All of these dishes are 100% organic - they are low in fat and sugar and taste delicious!

Spaghetti and Meatballs 5.50

Chunky organic pork and beef meatballs in a tasty sauce with spaghetti pasta (dairy-free).

Macaroni Cheese (w) 5.50

Traditional macaroni in a creamy Cheddar & mozzarella sauce with carrots and peas.

Organic British Cottage Pie 5.50

Traditional cottage pie made with best British organic beef with haricot beans, chunky carrots and mashed potato.

Creamy Salmon Pasta' 5.50

Organically farmed Scottish salmon in a creamy sauce with peas, carrots and sweetcorn served with penne pasta.

UPGRADE TO MEAL DEAL AND CHOOSE ANY KIDS DRINK & DESSERT



Kids Desserts & Ice Cream

Fresh Piece Of Fruit 50p

Apple, orange or banana.

Mövenpick Ice Cream 1.75

1 scoop of 100% natural ice cream choose from strawberry, chocolate or vanilla.

Organic Rice Pudding 1.95

Served with jam.

Jam Pudding and Custard 1.95

Chocolate Brownies 1.95

Delicious brownies served with chocolate sauce and cream.

Profiteroles and Cream 1.95

Apple Pie & Custard 1.95

All Drinks 95p Each

Coca-Cola, Diet Coke, Fanta & Sprite

Capri Sun - 100% Orange Juice

Organic Orange or Blackcurrant

Gordial

Glass of Fresh Cold Milk

Abbey Well 'sports top' still water

Apple or Orange Juice

Robinsons Fruit Shoots



SPORTS CAFE



Coffee

Caffé Americano
regular 1.95 large 2.25

Cappuccino
regular 2.25 large 2.50

Caffé Latte 2.25

Espresso 1.65

Liqueur Coffee 3.75

Hot Chocolate 2.50

Hot Chocolate 2.75

with Flake or marshmallows

Hot Chocolate 2.95

with Flake, marshmallows and cream

Teas

Our teas are made using the finest leaves.

Traditional English... Darjeeling or Earl Grey

pot for 1 1.50

pot for 2 2.50

Herbal Infusion Teas...

Camomile, Peppermint or Blackcurrant

Ginseng & Vanilla

pot for 1 1.50

pot for 2 2.50

