



menu



#### [Special Dietary Requirements](#)

If you have any special dietary requirements (including allergies), please bring these to our attention before placing your order and we will try to accommodate your needs. Please note, we cannot guarantee that any items are entirely free of nuts or nut products. To the best of our knowledge, the food on this menu does not contain genetically modified soya or maize.

If at any time a particular wine or year is not available, we reserve the right to offer you the nearest alternative. All quality wines on this list have an alcohol content of between 8.5% and 15% by volume.

#### [Service](#)

Our aim is to provide first class service. In this restaurant gratuities are entirely at your discretion, all monies go direct to the server. Thank you.

#### [VAT](#)

All prices include VAT.

## Breads, Pastries and Smaller Bites

See the counter for today's selection of tasty breads, pastries, croissants, cookies and muffins

## Light Snacks and Soup

Soup of the day served with focaccia	£4.95
Focaccia served with olive oil dip (v)	£3.95

## Antipasti

See the counter for today's selection of antipasti, olives, oils and dressings. Enjoy a selection of antipasti for £4.95

## Paninis from £5.75

We have created a brand new range that introduce a huge array of different Mediterranean flavours and textures.

Please see our range at the counter and place your order.

## Baked Pasta

Luxury beef lasagne	£7.75
Ricotta and spinach cannelloni baked with tomato and béchamel sauces. (v)	£7.75

## Jacket and Salads from £7.25

Hot buttered jacket potato with mixed leaf salad and your choice of three salads from our counter

## Salads and Antipasti

See the counter for today's salads and antipasti  
Choose any 3 salads for £4.95

Antipasti and salads at our Conservatory change from season to season reflecting the time of year and the local environment.

## Afternoon Tea

See the counter for today's tempting choice of cakes, desserts and sweet treats. Enjoy with our range of speciality teas and coffees or why not spoil yourself with a glass of wine or something fizzy.

Afternoon Tea Offer for 2 3pm - 6pm	
Any cake or dessert with any tea or coffee	£9.95 each
(Upgrade to a glass of Prosecco for £2.50 each)	

## Cakes and Desserts

Tiramisu	£4.95
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See the counter for today's selection of cakes

## Hot Beverages

Cup of Tea	£1.85
Speciality teas	£1.85
Herbal Infusion	£1.85
Pot of Tea	for two £2.90
(English Breakfast, Earl Grey, Peppermint, Blackcurrant, Camomile)	



Americano	small £2.25	regular £2.50
Caffè Latte	small £2.45	regular £2.75
Cappuccino	small £2.45	regular £2.75
Espresso	single £1.75	double £1.95
Hot Chocolate	small £2.90	

## Cold Beverages

Coke	330ml	£2.10
Diet Coke	330ml	£2.10
Mineral Water - Still and Sparkling	330ml	£1.75
Orange Juice	regular	£2.10
Appletiser	large	£2.75
Belvoir Cranberry Pressé		£2.35
Belvoir Elderflower Pressé		£2.80
Belvoir Lime and Lemon Grass Pressé		£2.80
Belvoir Ginger Beer Pressé		£2.80
Belvoir Pomegranate and Raspberry Pressé		£2.80

## Wine and Champagne

### White Wine

L'Emage Sauvignon Blanc Vin de France  
Delicious gooseberry notes and a crisp, dry finish.

125ml Glass	£2.75	175ml Glass	£3.90	250ml Glass	£5.35	Bottle	£15.25
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### Rosé Wine

L'Emage Rosé Vin de France  
Dark pink colour. A glorious mouthful of raspberries, strawberries and cream. Fruity and crisp with a touch of vanilla.

125ml Glass	£2.75	175ml Glass	£3.90	250ml Glass	£5.35	Bottle	£15.25
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### Red Wine

L'Emage Merlot Vin de France  
Subtle, spicy character with lots of plummy fruit. Bronze Medal winner - IWC 2009.

125ml Glass	£2.75	175ml Glass	£3.90	250ml Glass	£5.35	Bottle	£15.25
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### Champagne

Center Parcs Champagne, France, NV  
This fine Tribaut champagne is exclusively labelled for Center Parcs. It is full bodied with hints of dried fruit and apricot aromas.

Bottle £39.95

## Spa Days at Aqua Sana

Spa Days for guests are now available as well as evenings to allow you to de-stress after a hard day at work.

Please call 08448266200 for enquiries and bookings.

Visit [www.aquasana.co.uk](http://www.aquasana.co.uk) to find out more, or ask for more details.



# AQUA SANA



## spa day menu

welcome to your spa day

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### On arrival

Choose from today's fresh selection of breads, pastries, muffins or fresh fruit.

### spa day lunch selection

#### Paninis

from £5.75

We have created a brand new range that introduce a huge array of different Mediterranean flavours and textures. Please see our range at the counter and place your order.

### Soup, Salads and Jackets

#### Soup and half a panini

Soup of the day created in house by our chefs with a half panini of your choice.

#### Mixed Salad

With your choice of three toppings from the deli counter.

#### Jacket Potato

With your choice of topping from the deli counter.

Your choice of tea, coffee, hot chocolate or soft drink from the options below:

Tea - English Breakfast, Earl Grey, Peppermint, Blackcurrant, Camomile

Coffee, Decaffeinated Coffee, Latte, Cappuccino, Espresso

Hot Chocolate, Hot Chocolate with cream and flake

Soft Drinks - Coke, Diet Coke, Mineral Water (Still and Sparkling), Orange Juice, Appletizer

### Spa Day Upgrades

Center Parcs Champagne, France, NV

1 Glass £5.95   2 Glasses £10.00   Bottle £39.95

L'Emage White, Rosé or Red Wine

125ml Glass £2.75   175ml Glass £3.90   250ml Glass £5.35   Bottle £15.25

# AQUA SANA



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Herbal Infusion	£1.85
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Espresso	single £1.75	double £1.95
Hot Chocolate		small £2.90

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Appletiser		£2.35
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## Wine and Champagne

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