

Action Challenge including Indoor Climbing Adventure

Action Challenge welcomes disabled guests and guests with special needs but require reasonable advanced notice.

Because the Action Challenge activities are physically demanding not all activities will be suitable for all guests. Each activity has strict safety requirements. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay.

Entrances & Access

One wooden ramped entrance to the Action Challenge Hut and booking point.

Two gates into the two activity areas with woodchip surface.

Viewing Areas

At Action Challenge we have two designated spectator viewing areas which are both wheelchair accessible with woodchip surface. Viewing is also possible from the tarmac road that runs between the Action Challenge hut and the activity areas.

Viewing for the indoor climbing area is via a set of wooden stairs and therefore is not accessible for wheelchairs however accessible viewing is on the wooden walkway within the Sports Plaza.

Toilet

The nearest toilets are situated in the back of the Action Challenge hut however these are not accessible for wheelchairs. The closest accessible toilets are at The Boathouse which is less than 3 minutes away.

Indoor Climbing Adventure

Indoor Climbing Adventure welcomes disabled guests and guests with special needs but require reasonable advanced

notice. Because the Indoor Climbing Adventure activities are physically demanding not all activities will be suitable for all guests. Each activity has strict safety requirements. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay.

Entrances & Access

Access to the Indoor Climbing Adventure is from the walkway near to the entrance to Sports Café and across the badminton courts. There is accessible access and viewing from the court floor and from the walkways within the Sports Plaza.

Toilets

The nearest toilets are situated to the left of Sports Café at the Activity Zone. There are also accessible toilets within Sports Café and next to Pret a Portrait.

Activities

Climbing, Aerial Adventure, Aerial Tree Trek, Mini Trek and The Drop

Climbing activities are suitable for some guests with disabilities, however, full use of all arms and legs is required, along with the ability to follow instruction.

Aerial Adventure & Aerial Tree Trek

Aerial Adventure

Aerial Adventure welcomes guests with additional needs but require advanced notice. Because Aerial Adventure is physically demanding it may not be suitable for all guests. This activity has strict safety requirements, which our staff have to follow for health & safety reasons. Our staff will be happy to discuss individual requirements either by phone prior to your

visit or on site during your stay. Activity is suitable for majority of guests with additional needs, however, the full use of one arm and both legs is required, and the ability to follow instruction is essential

The nearest assessable toilets are located within the Sports Plaza.

Mini Trek

To take part in this activity, children must be accompanied by a person aged 18 or over. Age restriction – 2 years and Height restriction – 1.2 metres max. Mini trek is 1 metre above ground level, this activity is located by the Sports Plaza adjacent to the Aqua Sana. Mini Trek welcomes guests with additional needs but requires advanced notice. This activity has strict safety requirements, which our staff must follow for health and safety reasons. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay. The nearest accessible toilets are located within the Sports Plaza.

The Drop

The activity involves climbing up to 3 platforms on different levels via steps. Depending on ability you will jump off each platform in turn. Because The Drop is physically demanding it may not be suitable for all guests. This activity has strict safety requirements, which our staff have to follow for health & safety reasons. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay. Activity is suitable for majority of guests with

additional needs, however, the full use of one arm and both legs is required, and the ability to follow instruction is essential.

The nearest accessible toilets are located within the Sports Plaza.

Please Note

All participants are required to complete a health and safety form in advance. These are available on our website. Should you wish to discuss the suitability of any activity, please contact Guest Services and leave your name, telephone number/ email address, date of visit and a brief description of your individual requirements and one of our Action Challenge team will contact you.