

Action Challenge

Action Challenge welcomes guests with disabilities and particular needs but require advanced notice. As the Action Challenge activities are physically demanding, not all activities will be suitable for all guests. Each activity has strict safety requirements. Our staff will be happy to discuss individual requirements either by phone/ email prior to your visit or on site during your stay.

Entrance

The entrance to Action Challenge is located on the opposite side of the lake to The Boathouse. Access is provided through a small five bar gate onto a play bark surface with a step up into the 'kit up' area.

Accessible Toilets

The closest accessible toilets are located at the Boathouse or Sports Plaza.

All guests are required to complete a medical questionnaire which must be brought to your first activity. These are available from any Leisure Booking Point.

Should you wish to discuss activity suitability please contact our Guest Services line and leave your name, telephone number/ email address, date of visit and a brief description of your individual requirements and one of our Action Challenge team will contact you.

Activity	Notes / Restrictions
<p>Climbing High Ropes</p>	<p>Activity is suitable for some guests with disabilities, however, full use of arms and legs is required, along with the ability to follow instruction.</p>
<p>Ariel Trek Ariel Adventure</p>	<p>Aerial Adventure welcomes guests with additional needs but require advanced notice.</p> <p>Because Aerial Adventure is physically demanding it may not be suitable for all guests. This activity has strict safety requirements, which our staff have to follow for health & safety reasons. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay.</p> <p>Activity is suitable for majority of guests with additional needs, however, the full use of one arm and both legs is required, and the ability to follow instruction is essential.</p> <p>Entrance is via a sloped path with a step up to the kitting up area and a further set of steps to the start and finish platform.</p> <p>The nearest accessible toilets are located within the Sports Plaza.</p>

<p>Tree Trekking</p>	<p>Located by the Sports Plaza adjacent to the Aqua Sana.</p> <p>Tree Trekking welcomes guests with additional needs but require advanced notice.</p> <p>Because tree trekking is physically demanding it may not be suitable for all guests. This activity has strict safety requirements, which our staff have to follow for health & safety reasons. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay.</p> <p>Entrance is via a sloped path with a step up to the kitting up area and a further set of steps to the start and finish platform.</p> <p>The nearest accessible toilets are located within the Sports Plaza.</p>
<p>Mini Trek</p>	<p>To take part in this activity, children must be accompanied by a person aged 18 or over.</p> <p>Age restriction – 2 years +</p> <p>Height restriction – 1.2 metres max.</p> <p>Time duration of the activity – 30 minutes.</p> <p>Mini trek is 1 metre above ground level, this activity is located by the Sports Plaza adjacent to the Aqua Sana.</p> <p>Mini Trek welcomes guests with additional needs but requires advanced notice. This activity has strict safety requirements, which our staff must follow for health and safety reasons. Our staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay.</p> <p>The nearest accessible toilets are located within the Sports Plaza.</p>

Zip Wire	Activity is suitable for majority of guests with disabilities, however, the full use of one arm is required, and the ability to follow instruction is essential.
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NB. All guests are required to complete a medical questionnaire.

These are available from any Leisure Booking Point if not included with your pre-booked tickets. Please take the completed questionnaire to your first Action Challenge activity. Should you wish to discuss the suitability of any activity, please contact our Guest Services line and leave your name, telephone number/ email address, date of visit and a brief description of your individual requirements and one of our Action Challenge team will contact you.