	Children's Activities In the Den		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	Chocolate Chefs Academy (3-7 years)		3 hours	£29.00				9am			2pm
	Crèche (3-23 months)		3 hours	£25.00		2.15pm	9am, 2.15pm	9.15am, 2.30pm		2.15pm	9am, 1.30pm
	Crèche (24-35 months)		3 hours	£25.00		2.15pm	9am, 2.15pm	915am		2.15pm	9am, 1.30pm
	Hero's Party Hour (3-7 years)		1 hour	£12.00		2.1 3pm	9am, 2.13pm	2.30pm 1pm		2.13piii	12.15pm
	Wizard Academy (3-7 years)		3 hours	£29.00			2pm	Thiii		2pm	12.13piii
	Pirate and Princess Adventure (3-7 years)		3 hours	£29.00		9am					8.45am
	Children's Activities Up to 11 years		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	Archery - Little Outlaws (3-5 years)	<u>Q</u>	30 minutes	£9.50		From 2pm		From 2pm		From 1.30pm	
	Archery - Mini Crossbows (3-7 years)	2.	30 minutes	£9.50		9am, 10.10am	From 1.30pm				From 9am
ĺ	Baby Balance Bike Buddy (10 months-2 years)	<u>Q</u>	30 minutes	£8.00		1pm	4pm	9.15am		Noon	11.45am
	Baby Memorable Imprint - Framed	20	15 minutes	£60.00	10am-Noon	11am-3pm			10am-3pm		
i	(6 weeks-3 years) Baby Memorable Imprint - Unframed	20	15 minutes	£35.00	10am-Noon	11am-3pm			10am-3pm		
	(6 weeks-3 years)				TOAITHOOT				10am-3pm	10	
	Children's Entertainment (2 years+)	2.	45 minutes	£1.00		10am	2220	1 2.20		10am	F 12.1F
	Crazy Science (3-7 years)	22	1 hour	£16.00		1.30pm, 3pm	2pm, 3.30pm	1pm, 2.30pm		From 12.45pm	From 12.15pn
	Cupcakes For Little Ones (3-7 years)	2.	45 minutes 1 hour	£11.75		1.45pm, 3pm	9am			11am, 12.15am	9am, 10.15am
ı	Den Building and Decorating (3 years+)	22	30 minutes	per plot		10am	9.15am	2pm		9am, 11.15am	9.30am
	Face Painting (3 years+)	20	10 minutes	£6.50	9.30am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm
Ì	Fencing for Juniors (Child 6-9 years)(Adults 18 years+)	2.	1 hour	£21.00 per pair			1.30pm, 2.45pm			3.15pm	From 2pm
	Fencing for Tots (3-5 years)	2.	30 minutes	£9.50			11.30am, 12.15pm			10.15am, 11am	
	Fun Pots with Tots (1 month-5 years)	<u>2</u> 2	1 hour	£14.50	2pm	9am	9am		2pm		
	Hair Braiding (3 years+)	2.	10 minutes	£7.00	9.30am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm
	Mini Ballerinas (3-5 years)	20	45 minutes	£7.25		9am				9am	
	Mucky Pups (18-36 months)	2.	1 hour	£11.25		9am, 10.30am	9am, 10.30am	9am, 10.30am		9am	8.45am,
	Roller Skating (6 years+)	20				3411, 10.30411			6 730	6.15pm,	10.15am
	(Minimum skate size junior 8) Roller Tots (2-5 years)		1 hour	£7.25			From 3.45pm	5.30pm	6pm, 7.30pm	7.30pm	3.45pm, 5pm 12.40pm,
	(Junior skate size 6-9)	2.	30 minutes	£6.00		11am, 11.45am		From 11.30am		10.45	1.15pm
	Sensory Play Babies (8 weeks-Crawling)	2	30 minutes	£8.00		9am, 9.45am		12.45pm		10.45am, 11.30am	12.45pm
	Sensory Play Toddlers (Crawling-35 months)	20	30 minutes	£8.00		10.45am, 11.30am		1.30pm		9am, 9.45am	
	Soccer Coaching (3-5 years)	20	45 minutes	£10.00			9am	9am			9am
	Soccer Play (18-35 months)	20	45 minutes	£7.25		9am	10am	10.15am		9.15am	10am
	Street Karts (4 years+)	20	20 minutes	£8.00	From 1pm	From 10am	From 10am	From 10am	From 1pm	From 10am	From 10am
	Teach me Balance Bike (2-5 years)	2.	45 minutes	£9.50		2.30pm,	5pm			From 9.15am	2.30pm
	Teddy Bear Making (3 years+)	20	10 minutes	£23.50	9.30am-4pm	3.30pm 10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm
	Teddy Bears' Picnic (2-5 years)	2.	1 hour	£11.75		12.30pm	12.15pm			12.15pm	
	Tennis for Tots (3-5 years)	20	30 minutes	£7.25		10.15am	12.13p			12.13p	
	The Woodland Games (8-11 years)		3 hours	£26.00		10.13411					12.30pm
	Tiny Sports Day (3-5 years)	<u></u>	45 minutes	£7.75			2pm	10am		10.30am	
	Toddler Party Hour (24-35 months)	2.	1 hour	£9.25		2pm	10.30am	2.30pm		11pm	
	Woodland Wheelers (8-11 years)		30 minutes	£11.50	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
	Indoor Activities Includes Ten Pin Bowling and Creative Pursuits		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	American Pool		1 hour	£8.50	9am-10pm	9am-10pm	9am-10pm	9am-10pm	9am-10pm	9am-10pm	9am-10pm
	Badminton		45 minutes 2 hours	£9.50	9am-8.15pm	9am-8.15pm	9am-8.15pm	9am-8.15pm	9am-8.15pm	9am-8.15pm	9am-8.15pm
	Badminton Tournament (12 years+)		1 hour	£8.50		10 30am	5pm			Noon 1.45pm	
	Family Cupcake Decorating (8 years+)		30 minutes	£26.00	10	10.30am	10.30am		102	1.45pm	
	Family Memorable Imprint - Framed	2.	15 minutes	£130.00	10am-Noon	10am-3pm		11.00	10am-3pm		
	Family Sports Day (5 years+)	22	55 minutes	£7.25		4.45	2pm	11.30am		1pm	
	Fencing (10 years+)	2.	55 minutes	£16.50	0.45	4.45pm	0.45	4.15pm	0.45	4.30pm	0.45
	Football Pool Indoor Climbing Experience (4 years+)	20	45 minutes 55 minutes	£10.75 12 years+ £22.50 Under 12s	8.45am-8pm From 11.10am	8.45am-8pm From 10.05am	8.45am-8pm From 10.05am	8.45am-8pm From 10.05am	8.45am-8pm From 11.10am	8.45am-8pm From 9am	8.45am-8pm From 9am
	Indoor Climbing Experience (4 years+) (Minimum height 1.10 metres)										
	Photography: - Cool Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - My First Photo Shoot - Toddler Photo Shoot		30 minutes	£21.00	From 9am	From 9am	From 9am	From 9am	From 9am	From 9am	From 9am
	Photography: - Cool Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - Wy First Photo Shoot		1 hour		From 9am	From 9am	From 9am	From 9am	From 9am	From 9am	From 9am
	Photography: - Cool Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - My First Photo Shoot - Toddler Photo Shoot - Fashion Model Photo Shoot Photography Lesson (14 years+)	2.		£20.00	From 9am 9am-8.15pm	From 9am  9am-8.15pm		From 9am  9am-8.15pm	From 9am 9am-8.15pm		From 9am 9am-8.15pm
	Photography: - Cool Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - My First Photo Shoot - Toddler Photo Shoot - Fashion Model Photo Shoot		1 hour 30 minutes	£20.00			1.15pm			1.15pm	
	Photography: - Cool Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - My First Photo Shoot - Toddler Photo Shoot - Toddler Photo Shoot - Toddler Photo Shoot - Photography Lesson (14 years+) - Pickleball - Pottery Painting Studio (1 month+) - Racket Ball	2.	1 hour 30 minutes 45 minutes 1 hour 30 minutes	£20.00 £11.75 Studio Fee 12 years+ £5.75 Under 12s £4.75 £9.00	9am-8.15pm 10am-Noon 8.45am-8pm	9am-8.15pm 10am-3.30pm 8.45am-8pm	1.15pm 9am-8.15pm 10am-3.30pm 8.45am-8pm	9am-8.15pm 9am-3.30pm 8.45am-8pm	9am-8.15pm 10am-Noon 8.45am-8pm	1.15pm 9am-8.15pm 9am-4pm 8.45am-8pm	9am-8.15pm 9am-3.30pm 8.45am-8pm
	Photography: - Cook Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - Just The Two Of Us Photo Shoot - My First Photo Shoot - Toddler Photo Shoot - Fashion Model Photo Shoot Photography Lesson (14 years+) Pickleball  Pottery Painting Studio (1 month+)  Racket Ball Short Tennis	2.	1 hour 30 minutes 45 minutes 1 hour 30 minutes 45 minutes 45 minutes	£20.00 £11.75 Studio Fee 12 years+ £5.75 Under 12s £4.75 £9.00 £9.50	9am-8.15pm 10am-Noon 8.45am-8pm 9am-8.15pm	9am-8.15pm 10am-3.30pm 8.45am-8pm 9am-8.15pm	1.15pm 9am-8.15pm 10am-3.30pm 8.45am-8pm 9am-8.15pm	9am-8.15pm 9am-3.30pm 8.45am-8pm 9am-8.15pm	9am-8.15pm 10am-Noon 8.45am-8pm 9am-8.15pm	1.15pm 9am-8.15pm 9am-4pm 8.45am-8pm 9am-8.15pm	9am-8.15pm 9am-3.30pm 8.45am-8pm 9am-8.15pm
	Photography: - Cool Kids Photo Shoot - Family Photo Shoot - Group Photo Shoot - Just The Two Of Us Photo Shoot - My First Photo Shoot - Toddler Photo Shoot - Fashion Model Photo Shoot Photography Lesson (14 years+) Pickleball	2.	1 hour 30 minutes 45 minutes 1 hour 30 minutes	£20.00 £11.75 Studio Fee 12 years+ £5.75 Under 12s £4.75 £9.00	9am-8.15pm 10am-Noon 8.45am-8pm	9am-8.15pm 10am-3.30pm 8.45am-8pm	1.15pm 9am-8.15pm 10am-3.30pm 8.45am-8pm	9am-8.15pm 9am-3.30pm 8.45am-8pm	9am-8.15pm 10am-Noon 8.45am-8pm	1.15pm 9am-8.15pm 9am-4pm 8.45am-8pm	9am-8.15pm 9am-3.30pm 8.45am-8pm

Ten Pin Bowling - Leisure Bowl		1 hour	£32.50 up to 6 people	9.50am- 10.50pm						
Ten Pin Bowling Sports Plaza		45 minutes	£29.50	9.30am- 9.10pm	9.30am-	9.30am-	9.30am-	9.30am-	9.30am-	9.30am-
3 1			up to 4 people £32.50	9.10pm 9.50am-						
Ten Pin Bowling Sports Plaza		1 hour	up to 6 people	8.40pm	8.40pm	8.40pm	8.40pm	9.45pm	9.45pm	9.45pm
Exercise and Fitness		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Bollywood Dancing (14 years+)		55 minutes	£8.75		N.		2pm			1.30pm
Boogie Bounce (14 years+)		45 minutes 55 minutes	£7.25 £7.75		Noon	11am	11am			10am
Boot Camp Circuits (14 years+) Boxfit (14 years+)		55 minutes	£7.75		1pm		10am			3.30pm
Cheerleading Party (12 years+)		55 minutes	£7.75				100111		Noon	
Clubbercise (14 years+)		55 minutes	£7.75			Noon			2pm	
Freestyle Fitness Yoga (14 years+)		55 minutes	£8.75		11am		1pm			9am
Kettlecise (14 years+)		55 minutes	£7.75		2pm					
Lavender Relaxation (14 years+)		55 minutes	£7.75							4.30pm
Line Dancing (10 years+)	2	55 minutes	£7.75				3pm		1pm	
Pilates (14 years+)		55 minutes	£11.75		10am		Noon			
The Gym (16 years+) - Week, Weekend or Midweek Pass		Up to 2 hours per day	£13.50 per pass	8am-8pm						
Zumba (14 years+)		55 minutes	£8.75			10am			11am	
Pool Activities Subtropical Swimming Paradise		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Aqua Jetting (8 years+)	2.	30 minutes	£16.50	From 8.20am	From 8.20					
Baby Dolphins (Under 3s)	<u></u>	30 minutes	Free		9.30am				9.30am	
Exclusive Cabanas	2.	3 hours	£75.00	From 10am	From 10an					
Family Cabanas	<u></u>	3 hours	£40.00	From 10.05am	From 10.0!					
Mermaids and Sharks - Family Session		45 minutes	£35.00				8am			8am
(Child 6 years+) (Adult 18 years+) Mermaids and Sharks (6-12 years)		45 minutes	per pair £22.00			8am			8am	
Mini Jet Skis (3-7 years)		10 minutes	£9.50	From 8.30am	From 8.30am	Odili	From 9am	From 8.30am	Odili	From 9am
. , ,				FTUIII 6.3Ualii	FIUITO.SUAIT	9.20am,		FI UIII 6.3Uaiii		
Swim Pups (3-24 months)	2	30 minutes	£8.50			8.15am	9.20am 8.50am,			9.20am
Swim Pups (2-4 years)	2.	30 minutes	£8.50			8.50am	8.15am			8.50am
Outdoor Activities Includes Adrenaline and Outdoor Sports		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Adventure Golf - 9 holes	<u> 2.</u>	1 round	12 years+ £7.25 Under 12s £6.25	9.30am- 4.30pm						
Adult Laser Combat (16 years+)		1 hour 15 minutes	£32.50		2.05pm		2.05pm		2.05pm	11.45am
Aerial Adventure (Minimum height 1.22 metres) (Maximum weight 18 stone)	<b>2</b> *	1 circuit and descent	£34.50		From 10am	From 9am	From 9am		From 9am	From 9am
Aerial Tree Trekking (Minimum height 1.10 metres) (Maximum weight 18 stone)	<u>&amp;</u> *	1 circuit	£27.50		2pm, 3pm	From 11am	From 9am		From 9am	From 9am
All Archery (10 years+)	2.	2 hour 30 minutes	12 years+ £42.00 Under 12s £35.00		10.30am	10.30am	10.30am		10.30am	2.30pm
Archery Adventure (6 years+)	<u>&amp;</u>	45 minutes	12 years+ £18.00, Under 12s £15.00		12.15pm, 4.15pm	10am, 11am	3.15pm, 4.15pm		From 2pm	From 2pm
Archery - Crossbows (12 years+)		45 minutes	£28.00		11am, Noon		11am, Noon		From 2pm	From 2pm
Archery - Field Archery (10 years+)		1 hour 30 minutes	12 years+ £35.00 Under 12s £28.00		3.40pm	3.40pm	3.40pm		From 10am	From 10am
Archery - Robin Hood and Little Johns (Child 6-9 years) (Adult 18 years+)	<u> 2.</u>	45 minutes	£22.50 per pair		10am		10am		From 10am	From 10am







Archery Adventure

To view online or download please visit www.centerparcs.co.uk/Woburn005

Target Archery and Segway Package (12 years+)		1 hour 45 minutes	12 years+ £45.00 Under 12s £38.50		2pm, 3.05pm	2pm, 3.05pm	2pm, 3.05pm		2pm, 3.05pm	10am, 11.05am
Geocache	<u>Q</u> 2	2 hours	£18.00 (group of 4)		From 9.30am	From 9.30am	From 9.30am		From 9.30am	From 9.30am
High Ropes Challenge (Minimum height 1.22 metres)	<u>2.*</u>	2 hours	12 years+ £30.00 Under 12s			From 9am	From 9am		From 9am	From 9am
Junior Pony Rides (3-7 years)	Qa	15 minutes	£27.00 £18.50		From 9.30am	From 9.30am	From 9.30am		From 9.30am	From 9.30am
			12 years+ £31.50		10.15am,					
Laser Clay Shoot Out (10 years+)		45 minutes	Under 12s £24.50		11.15am	12.15pm	12.15pm, 2pm		From 2pm	From 10.15am
Laser Combat (6 years+)	<u>&amp;</u> *	1 hour 15 minutes	12 years+ £3450 Under 12s £28.50				10.15am		10.15am, 11.45am	2.05pm, 3.35pm
Laser Target (10 years+)	2.	45 minutes	12 years+ £29.00 Under 12s £24.00		3.50pm, 4.30pm	2pm, 2.40pm	3.50pm, 4.30pm		From 10am	From 2pm
Little and Large Soccer (6 years+)	<u>Q</u>	1 hour	£8.50							11.15am
Off-Road Explorers (3-7 years)	<u></u>	30 minutes	£17.50		From 10am	From 10am	From 10am		From 10am	From 10am
Segway Experience (12 years+) (Minimum weight 7 stone) (Maximum weight 18.5 stone)		45 minutes	£36.50		From 10.20am	From 10.20am	From 10.20am		From 10am	From 10am
Soccer Tournament (12-15 years)		1 hour	£9.00						2.20	12.45am
Soccer Tournament (16 years+) Tennis Courts - Outdoors		2 hours 1 hour	£9.00 £11.00	9am-7pm	9am-7pm	9am-7pm	9am-7pm	9am-7pm	2.30pm 9am-7pm	9am-7pm
The Drop (8 years+)	<u>Q</u>	55 minutes	£27.00		2pm, 3pm	From 9am	From 9am		From 9am	From 9am
Treasure Trail	2.	1 hour 30 minutes	12 years+ £5.25 Under 12s £4.75		1.30pm	1.30pm	1.30pm		1.30pm	1.30pm
Tree Climbing (6 years+)	Q	45 minutes	£18.50			9.15am, 10am	2.15pm, 3pm		From 9.15am	From 9.15am
(Minimum height 1.22 metres)				Man	Tues			E-:		
Nature		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Baby Owls (12 months+)	<u>Q</u>	45 minutes	£10.00		From 9am	From 9am	Noon, 1pm		From 9am	From 9am
Build a Nature House (5 years+)	2	1 hour	£18.00		9.30am	3pm			9.30am	3pm
Creepy Crawlies (3 years+)		1 hour 30 minutes	£7.50		1215	1215	11.30am		1015	1215
Encounter with Owls (3 years+)	2.	45 minutes	£10.50 Under 12s £8.50		12.15pm, 2.30pm	12.15pm, 2.30pm			12.15pm, 2.30pm	12.15pm, 2.30pm
Falconers Club (6-11 years)	2	1 hour	£14.50		1.15pm				1.15pm	
Falconry-Eagles and Hawks (12 years+)	20	1 hour	£22.50			1.15pm	3pm			1.15pm
Nature Detectives (3-7 years)	2	1 hour	£10.50			11am	10am		3pm	11am
Who's Out After Dark? (5 years+)	<u></u>	1 hour 30 minutes	£7.75			6.30pm				6.30pm
Wildlife Walk (4 years+)	<u>&amp;</u>	1 hour 30 minutes	£7.75		1.30pm	12.30pm	1.30pm		1pm	9am
Willow Workshop (8 years+)	<u></u>	1 hour 30 minutes	£18.00		11.30am	4.30pm				12.45pm
Woodland Awakening (4 years+)	<u> 2</u> 2	2 hours	12 years+ £10.50 Under 12s £8.50		7am		7am		7am	
Watersports The Boathouse		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Craft Hire	<u>Q</u>	30 minutes	£9.00	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Electric Boat Hire	2.	30 minutes	£22.00	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Aqua Sana Spa and Treatme	nts	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
A World of Spa (14 years+)	<u>P</u>	3 hours	£39.00	From 9am	From 9am	From 9am	From 9am	From 9am	From 9am	From 9am
Express Treatments (14 years+)	Qa	Varies	£12.00	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Spa Treatments (18 years+)		Varies	£40.00	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Restaurants, Events and Entertainment		Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Café Rouge	2.		£5.00 deposit per person	From 2.30pm	From Noon	From Noon	From Noon	From 2.30pm	From Noon	From 4pm
Café Rouge - Afternoon Tea	<u>Q</u>		£18.95	2pm-4pm	2pm-4pm	2pm-4pm	2pm-4pm	2pm-4pm	2pm-4pm	·
Café Rouge - Breakfast	2.		per pair £5.00 deposit		8.30am-11am	8.30am-11am	8.30am-11am		8.30am-11am	8.30am-11am
Café Rouge - Sunday Lunch	<u>Q</u>		per person £5.00 deposit							Noon-3.30pm
Dining In Delivery - Family Pizza Deal **			per person £19.95	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm
Dining In Delivery - Chinese or Indian Banquet Meals **			£15.00 per person	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm
Huck's American Bar and Grill	<u>2.</u>		£5.00 deposit per person	From Noon	From 4pm	From 4pm	From 4pm	From Noon	From 4pm	From 4pm
Las Iguanas	<u>Qa</u>		£5.00 deposit per person	From Noon	From Noon	From Noon	From Noon	From Noon	From Noon	From Noon
Quiz The Family		1 hour 30 minutes	£2.00 per person	7.30pm				7.30pm		
Rajinda Pradesh	<u> </u>		£5.00 deposit per person		From 5pm	From 5pm	From 5pm	From 5pm	From 5pm	From 5pm
·	4		per person							
Rajinda Pradesh Experience Menu	2.		12 years+ £25.00 Under 12s		5pm-9pm	5pm-9pm	5pm-9pm	5pm-9pm	5pm-9pm	5pm-9pm
Rajinda Pradesh Experience Menu Strada			12 years+ £25.00	From Noon	5pm-9pm From Noon	5pm-9pm From Noon	5pm-9pm From Noon	5pm-9pm From Noon	5pm-9pm From Noon	5pm-9pm From Noon

Please note: where a £5.00 deposit is required this will be deducted from your final bill

\*\*Only available for pre-booking a minimum of five days in advance

Look to see what's happening each day during your break, visit www.centerparcs.co.uk and find out more about each activity, check availability and make your booking.

## Health and safety information and advice

We want you to enjoy yourself, doing anything and everything you please, and your health is our paramount concern. To protect your well-being, certain activities and treatments have very specific health and safety constraints. Please check online or with our Contact Centre for more details.

### Subtropical Swimming Paradise

#### General advice and safety information:

- The following supervision ratio operates throughout all areas of the pool: - Under 4 years: one child per responsible adult
- 4-7 years: two children per responsible adult
- Any children over 8 years that are non-swimmers must be accompanied
- All unhealed wounds should be covered with a waterproof plaster
- Please consult a Nurse at our Medical Centre if you have any infectious disease or an infectious skin complaint
- Do not enter the water if you have had diarrhoea within the last 48 hours. If you have received confirmation that you have had Cryptosporidiosis, you may not enter the water until 14 days after your symptoms have subsided

#### All Activities - General Advice

- A number of our activities require a signed medical questionnaire. For participants under 18 years of age, the medical questionnaire must be signed by an adult. The medical questionnaire must be brought to the activity or you will not be able to participate. These can be picked up from any Booking Desk
- If you have any medical conditions which may prevent you from participating, please bring written, signed confirmation from your doctor that it is safe for
- Please ensure that suitable clothing and footwear are worn for all activities For specific details, please refer to our website or Contact Centre for
- Soccer activities: shinpads must be worn for all Center Parcs supervised

soccer activities

Watersports: safety buoyancy aids must be worn by all children under 14 and anyone who is not a competent swimmer. Some activities require buoyancy aids, helmets and appropriate footwear to be worn by all participants, and for you to be a competent swimmer; please ask when you book. Buoyancy aids and wetsuits are provided. Please bring swimwear and a towel. Center Parcs staff are unable to assist in changing. Please note that our changing areas are not supervised.

**Squash:** goggles are available and are strongly recommended for all players. These are compulsory for players under the age of 18 during tournaments and other Center Parcs supervised activities.

Roller skating/street boarding: helmets, wrist, knee and elbow pads are available and are strongly recommended.

### Restaurants and Events and Entertainment

### Allergies and special dietary requirements:

If a member of your party has special dietary requirements, including allergies, you may wish to contact us prior to or soon after arrival on village to discuss this

further, Before your break, please telephone 01525 842800 for more information. Alternatively, when dining in our restaurants and bars you should bring this to our attention before placing your order and we will discuss your requirements at

Whilst allergen information is available on our website, we sometimes have to substitute ingredients at short notice so you must make us aware of your allergies/dietary requirements at the time of ordering, so that your menu choices can be checked again. We may also be able to adapt a dish to remove a particular allergen if you discuss your requirements with us before ordering your meal. Arrangements for accommodating allergies differ in restaurants run by organisations other than Center Parcs, these are Café Rouge, Strada, Las Iguanas, Leon and Monty's. Please discuss this directly with the

We use allergens in our kitchen as part of the preparation of food. We also cook different foods in the same equipment. Please advise us of any allergens on every visit to our restaurants as our recipes are subject to change and we occasionally substitute products. Full allergen information from items on our menu is available upon request. Should you require more detailed information relating to any 'may contains' or the cooking process, please discuss with your server.

Please be aware we do use a considerable amount of nuts in Rajinda Pradesh and Dining In. We regret that our bakery counters and pick and mix offers cannot be guaranteed free from any allergen due to the potential for inadvertent contamination.

#### Agua Sana Spa

#### General advice:

- · You will not be able to use the World of Spa or have treatments if you are suffering from an infectious disease or have open sores or wounds
- Do not enter the water if you have had diarrhoea within the last 48 hours. If you have received confirmation that you have had Cryptosporidiosis, you may not enter the water until 14 days after your symptoms have subsided
- If you fail to disclose medical conditions or medication prior to your session which prevents you taking part, a refund may not be given

Certain medical conditions may be aggravated by the Spa experiences, in particular those involving extremes of temperature. Please bring written confirmation from your doctor that it is safe for you to use the facilities if you:

- Have heart disease, circulatory problems or high or low blood pressure
- Have an illness that prevents you from perspiring
- Experience migraine attacks
- Have a chest condition likely to be aggravated by high temperatures
- · Have epilepsy, diabetes, multiple sclerosis or are prone to dizziness or fainting spells
- Have any condition or take any medication, in particular those affecting your ability to perspire or react to heat, that makes you unsure whether you should

#### Agua Sana Treatments:

 The majority of Spa experiences are not recommended during pregnancy. For treatment restrictions please enquire at time of booking or consult our Contact Centre for further details

### General Information

- For the safety of pedestrians, no cycles, scooters, skateboards Sharps disposal boxes and clinical waste disposal bags are or skates are allowed in the main buildings, Village Square or on
- Any medical supplies ordered for use during your stay e.g. 02/ dialysis fluid, should be collected from the Medical Centre on the day you arrive, using your own vehicle
- Should you have the need to bring medication with you onto the village, please limit this to only the amount necessary for the
- available from the Medical Centre and should be returned there for disposal: do not put them in normal waste containers
- You're welcome to bring your own cycles providing they are in good condition, but please remember that, even in our protected environment, we are not immune to thefts. We are advised by police that custom-built and 'designer' cycles are particularly vulnerable, so we strongly recommend you use a
- Locks are available from the Cycle Centre. Remember not to attach the lock to quick release wheels. We also suggest you keep your cycle in your accommodation overnight and remove
- When using cookers, ovens or grills in your accommodation please do not leave them unattended. Please do not bring your own cooking equipment to any village

#### Useful Telephone Numbers

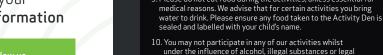
/illage switchboard mergencies Reservations

03448 26620 01525 84280 01525 84299 03448 2662



You can also read our Safety Guide before your break at www.centerparcs.co.uk/safety information





Activity Booking Terms & Conditions

l. Separate agreements will be formed for activities not included

or third parties for whom we act as agent and some take place

6. When booking an activity you will be given a timeslot when the

that you arrive 5 minutes before the activity start time. The

the website, others may require the supervision of an adult over the age of 18. Please refer to the terms and conditions

9. Please do not eat food during the activities, unless essential for

liability unless due to our negligence.

to participate in certain activities if you are late for the session.

. Some of our activities are not supervised and therefore may not

suitable for those under the age of 8. These are identified on

11. Please ensure that you wear appropriate clothes and footwear for the activity. We would also suggest that you wear clothes you don't mind getting dirty or even slightly damaged.

What's on during your stay

- in the price of your break. If the associated break is cancelled by 12. Please be aware that the challenging physical nature of some the lead booker or Center Parcs, for whatever reason, any activity activities may occasionally result in contact with equipment or harnesses which might give rise to bruises or other minor bumps . These general activity conditions, Our Agreement With You, our
- 13. As we continually improve our facilities on our villages you may find that, new facilities are on offer; listed facilities are apply to any activities you book and must be complied with. These 3. All activities are subject to availability and we operate a first come - first served policy so you may not be able to book a particular oment or refurbishment work going on in certain areas the village; different equipment is provided to that described in
- 4. Activities that take place out of doors, and/or on the lake, are  $14. \, \mbox{Center Parcs reserves}$  the right to stop you from taking part ded subject to appropriate weather conditions prevailing at in any activity if we in our absolute discretion believe that 5. Some activities require a Minimum number of participants or other our other guests.

  criteria to be met to proceed, some are supplied by subcontractors 15. We recommend that you do not bring any valuables with you when
  - for example in the Agua Sana, but we do not advise that valuables.
  - 16. We welcome guests with restricted mobility, a disability, medical
- 16.1 We aim to ensure that our services are as accessible as reasonably possible so it is important that we are fully appraised of any needs, requirements and conditions prior to any booking being concluded. Please ring our Particular Care ements staff on 03448 267 708 who will be happy to discuss with you availability, suitability and any potential to be accompanied by someone who is able to provide for any 8. Please ensure that you and your party take appropriate care of the equipment provided to you by us. Please inspect any equipment adjustments we are able to make.
- efore use for obvious signs of wear and tear and inform us of any amage to, or problem with, any equipment as soon as possible. 16.2 A risk assessment may be required prior to confirming a booking or allowing participation in certain leisure activitie
  - 16.3 We rely on the information you provide to help us anticipate and satisfy your needs. We therefore require you to update us with any change in circumstances prior to and during
  - 17. For leisure activities, bookings cancelled up to 72 hours before the activity start time will receive a full refund. If the cancellation is made less than 72 hours before the activity start time, a 50%

18. From time to time it may be necessary to vary or withdraw monies already paid for the relevant activity or try to reschedul

at Woburn Forest

- 19. You must ensure that any activity booked for any member of your party is suitable for those who are taking part, any safety
- 20. Age restrictions and health and safety requirements or
- 21. Unless we have agreed to supervise them, all children under 8 taking part in activities must have parental supervision supervision may be required in other instances.
- 22. For all supervised activities you must provide contact details so we can contact you during the session, sign your child in/out o provide a password if they are under 8 and collect your child a
- 23. Please note that if you suffer from certain medical conditions or are pregnant, you may be asked for a doctor's written permission to participate in certain activities. Please refer to the Health & Safety Information provided online for eac activity (including Aqua Sana spa and treatments) for further your ability to take part in an activity, or could be worsened by taking part in an activity, then advice should be sought from you doctor and you must advise us prior to taking part in the activit
- 24. You must tell us when you book if your child has any medical condition, allergy or normally carries an EPI-PEN. The only medication our staff may administer to a child under our in-date or your child will not be able to join the session
- 25. Photographs are for general guidance only 26. Activities and prices are subject to availability and change.

29/04/19-20/05/19 99997\_Pre-arrival Grid - 005 - W0

# So many fun things to do, how will you fit them all in? Use this guide to help plan what to do on your break.

## Relax, knowing your whole break is planned before you arrive - with our online booking service.

Your stay at Center Parcs is just a few weeks away and now is the time to start getting excited. Our online booking service lets you and your party start picking the activities for a truly special stay. And by choosing in advance, you can look forward to your break knowing that everything's been arranged before your arrival.

### Extra Sessions

We often run additional sessions when pre-scheduled activities book up, so make sure you check at a Booking Desk on your break for availability.

## Pay and Play

Don't forget there are many things you can do at Center Parcs that you don't need to book in advance like Snooker and Adventure Golf.

## Your Itinerary

Log in to your Center Parcs account to view an itinerary for you and your whole party.

# On arrival you will receive a wristband, which can be used to:

- Access your accommodation
- Secure your locker
- Pay at Monty's, Pool Information Desk and Agua Sana Spa — for refreshments and activities
- For more information and applicable offers please visit www.centerparcs.co.uk/woburnwristband



Family Nature Journal

Please refer to the Health and Safety Information and Advice in this leaflet before booking any activity.

Please note that some of the activities listed in this guide may not be running during your break.



Dining In - New Menu



Ten Pin Bowling



Wizard Academy



Rajinda Pradesh - New Menu