

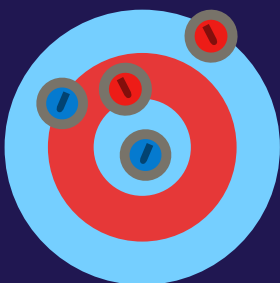
Rules of Curling

Get started

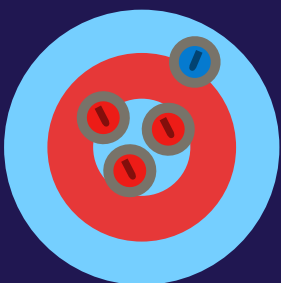
- 1 Split into two teams
- 2 Flip a coin – the winner goes second and gets the last stone (called the hammer)
- 3 Each team has 8 stones. Play one at a time, taking turns: red, blue, red, blue
- 4 Deliver stones by hand from the floor, behind the hog line

Aim and play

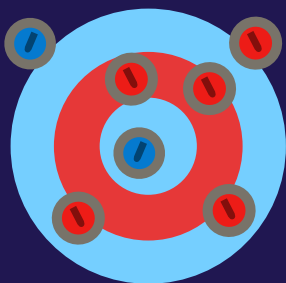
- 1 Slide your stone towards the rings and aim for the centre (the button)
- 2 Once all 8 stones have been played, that round (called an end) is complete
- 3 You can play up to 8 ends per game – or more, if you like!



Blue scores 1



Red scores 3



Blue scores 1



No scores

Scoring

- 1 Only one team scores per end
Count one point for each of your stones that's closer to the button than the other team's nearest stone
- 2 Only stones inside or touching the rings count for points

Staying safe

- Synthetic ice can be slippery – walk carefully at all times
- Stay off the lanes unless you're taking part in a booked session
- No running or sliding on the lanes
- Children must be supervised by an adult at all times
- Please wear suitable footwear – no high heels or spiked shoes