CHILDREN'S MENU

SPORTS CAFÉ

Ella's kitchen

Scan here to see the available range of Ella's Kitchen organic baby food. Please order via your server. When you are ready to warm your baby food, please use one of our baby stations.

V - No meat or fish | VO - Ask for Vegetarian option
GFO - Ask for gluten free option | VEO - Ask for vegan option | VE - Vegan

Please note that some of our meat/fish dishes may contain bones.

Adults need around 2000 kcal a day.

IMPORTANT ALLERGEN INFORMATION

Use the QR code to access important allergy information and to select suitable dishes for your specific food allergy or intolerance. It is your responsibility to ensure that dishes are suitable based on the information provided on the portal. Menu descriptions may not include all ingredients.

BREAKFAST

SERVED UNTIL 11:30AM DAILY

MAKE YOUR OWN:

Choose from your favourites

3 Items | 4 Items | 5 Items

Sausage GFO 225 kcal | GF 163 kcal

Vegan Sausage VO VE 130 kcal

Bacon GFO 107 kcal

Hash Brown V GFO VEO 145 kcal

Heinz Baked Beans V GFO VEO 41 kcal

Fried Egg V GFO 126 kcal

Scrambled Egg V GFO 248 kcal

Poached Egg V GFO 72 kcal

Grilled Tomato V GFO VEO 5 kcal

White or Brown Toast
V GFO VEO 155 kcal | GF 90 kcal

BUILD YOUR OWN WRAP

12 NOON TO 5PM

Two flour wraps, cucumber and red pepper sticks, carrot strings and hummus for you to build it just the way you like it.

Grated Cheese V 420 kcal

Grilled Chicken 400 kcal

Tuna Mayonnaise 330 kcal

SANDWICHES

12 NOON TO 5PM

All sandwiches are served with crisps, on a choice of white or brown bread.

Cheese V GFO 440 kcal

Ham GFO 355 kcal

Banana V VEO 436 kcal

Tuna Mayonnaise 448 kcal

ADD ME! **Add Chips** V GFO VEO 232 kcal

DRINKS

Pepsi Max | Pepsi Max Cherry
Tango | Tango Apple
R Whites Lemonade 0 kcal

Fruit Juice 100 kcal
Orange | Apple

Robinson's Fruit Shoot
Orange | Apple & Blackcurrant

Child's Milk 120 kcal

Child's Water 0 kcal

Sample Menu.

MAIN + DRINK + DESSERT

THE CLASSICS

FROM 12 NOON

Chicken Nuggets 251 kcal

Battered Cod Bites 318 kcal

Cheeseburger GFO 454 kcal

GFO - Served as grilled chicken breast burger. 238 kcal

Quorn Nuggets V VEO 243 kcal

With your choice of:

Heinz Baked Beans V GFO VE 38 kcal
or **Peas** V GFO VE 41 kcal *and...*

Chips V GFO VEO +128 kcal
or **Buttered Pasta** V +360 kcal

Sausage & Mash GFO
Served with garden peas and gravy. 650 kcal

SPECIALS

FROM 12 NOON

Margherita Pizza V 551 kcal

Pork & Beef Meatball Tomato Pasta 442 kcal

Tomato Pasta with Grated Cheese V VEO 364 kcal

Veggie Lasagne V 327 kcal

Buttered Pasta & Grated Cheese V 403 kcal

All of our specials are served with a choice of:

Garlic Bread V +143 kcal **or**

Fruit & Vegetable Sticks
V GFO VEO +41 kcal

All can be purchased individually or as part of our meal deal offer.

DESSERTS

Children's Sundae V
Vanilla ice cream, whipped cream, chocolate sauce and a chocolate frog. 479 kcal

Strawberry Jelly & Vanilla Ice Cream V 338 kcal

Chocolate Brownies V
With chocolate sauce and your choice of whipped cream or vanilla ice cream. 483 kcal

Ice Cream V GFO VEO 200 kcal
Choose from:
Vanilla V GFO VEO | Strawberry V | Chocolate V

Pip Organic Fruit Ice Lolly V GFO VE 20 kcal
Choose from: Berry Fruity | Rainbow Fruity