

SPORTS CAFÉ BREAKFAST

SERVED UNTIL 11.30AM DAILY

Champions breakfast 1249 kcal 14.50

Big day ahead? Refuel with two sausages, two grilled back bacon, grilled tomato, mushroom, Heinz baked beans, two hash browns and sourdough toast. Served with your choice of free-range egg:
fried x2 (add 274 kcal) | scrambled x2 (add 430 kcal)
poached x2 (add 158 kcal)

Vegetarian breakfast V 874 kcal 10.75

Two vegan sausages, grilled tomato, mushroom, Heinz baked beans, two hash browns and sourdough toast. Served with your choice of free-range egg:
fried (add 137 kcal) | scrambled (add 358 kcal)
poached (add 79 kcal)

Vegan breakfast V 978 kcal 10.75

Two vegan sausages, two hash browns, crushed avocado, tomato salsa, grilled tomato, mushroom, Heinz baked beans and sourdough toast.

Gluten free breakfast 620 kcal 10.75

Gluten free sausage, grilled back bacon, grilled tomato, mushroom, Heinz baked beans, hash brown and gluten free toast. Served with your choice of free-range egg:
fried (add 137 kcal) | scrambled (add 358 kcal) | poached (add 79 kcal)

Toast and marmalade V 3.50

Toasted brown or white bread served with butter and marmalade.
white 361 kcal | brown 334 kcal

Toast and strawberry jam V 3.50

Toasted brown or white bread served with butter and strawberry jam.
white 361 kcal | brown 334 kcal

Full English breakfast 845 kcal 10.75

Sausage, grilled back bacon, grilled tomato, mushroom, Heinz baked beans, hash brown and sourdough toast. Served with your choice of free-range egg:
fried (add 137 kcal) | scrambled (add 358 kcal) | poached (add 79 kcal)



BREAKFAST SANDWICHES

All our breakfast sandwiches are freshly made to order on a soft white ciabatta roll.

Bacon 611 kcal - 6.25

Sausage 647 kcal 6.25

Vegan sausage V 552 kcal 6.25

Add fried egg V 137 kcal 1.75

SPECIALITY BREAKFAST

Eggs Benedict 655 kcal 9.75

Soft poached free-range eggs with sliced honey roast ham on a toasted muffin, finished with Hollandaise sauce.

Eggs Royale 680 kcal 11.95

Soft poached free-range eggs with sliced smoked salmon on a toasted muffin, finished with Hollandaise sauce and fresh lemon.

Fried eggs, pesto and ricotta on sourdough toast V 612 kcal 9.75

Light ricotta cheese, nut-free pesto, two free-range fried eggs and chilli flakes on toasted sourdough.

Strawberry granola V 441 kcal 6.25

Layers of granola, strawberry compote and natural yoghurt, finished with fresh strawberries.

Fresh fruit salad V 59 kcal 7.50

Pineapple, kiwi, melon, mango, grapes, blueberries, strawberries in a light syrup, topped with fresh passionfruit.

Bacon, avocado and fried egg on sourdough toast 615 kcal 9.75

Grilled back bacon, smashed avocado and a free-range fried egg on toasted sourdough. Finished with cool tomato salsa and olive oil.



Tomato and avocado on toast V 451 kcal 8.50

Grilled tomatoes and smashed avocado on toasted sourdough, topped with toasted pumpkin seeds and finished with cool tomato salsa and olive oil.

SIDES

Sausage 187 kcal 2.25 **Mushroom** V 66 kcal 2.25

Grilled back bacon 113 kcal 2.25 **Crispy hash brown** V 159 kcal 1.75

Free-range fried egg V 137 kcal 1.75 **Vegan sausage** V 174 kcal 2.25

Free-range scrambled egg V 358 kcal 1.75 **Grilled tomato** V 19 kcal 1.75

Free-range poached egg V 79 kcal 1.75 **Sourdough toast** V 187 kcal 1.75

Heinz baked beans V 79 kcal 2.25

V - No meat or Fish

Adults need around 2000 kcal a day.

GLUTEN FREE BREAKFAST MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SPORTS CAFÉ BREAKFAST

- Gluten free breakfast** GF 620 kcal **10.75**
Gluten free sausage, grilled back bacon, grilled tomato, mushroom, Heinz baked beans, hash brown and gluten free toast. Served with your choice of free-range egg: fried (add 137 kcal) | scrambled (add 358 kcal) | poached (add 79 kcal)
- Toast and marmalade** **VE*** **3.50**
Gluten free bread served with butter and marmalade.
gluten free white 384 kcal | gluten free brown 372 kcal
- Toast and strawberry jam** **VE*** **3.50**
Gluten free bread served with butter and strawberry jam.
gluten free white 384 kcal | gluten free brown 372 kcal

SIDES

- Sausage** GF 101 kcal **2.25**
- Grilled back bacon** GF 113 kcal **2.25**
- Free-range fried egg** GF 137 kcal **1.75**
- Free-range scrambled egg** GF 358 kcal **1.75**
- Free-range poached egg** GF 79 kcal **1.75**
- Heinz baked beans** **VE*** GF 79 kcal **2.25**
- Mushroom** **VE*** GF 66 kcal **2.25**
- Crispy hash brown** **VE*** GF 159 kcal **1.75**
- Grilled tomato** **VE*** GF 19 kcal **1.75**
- Gluten free toast** **1.75**
white 207 kcal | brown 195 kcal

V - No meat or Fish, VE* - Ask for Vegan

SPECIALITY BREAKFAST

- Bacon, avocado and fried egg on gluten free toast** **9.75**
Grilled back bacon, smashed avocado and a free-range fried egg on toasted brown or white gluten free bread. Finished with cool tomato salsa and olive oil.
gluten free white 681 kcal | gluten free brown 669 kcal
- Tomato and avocado on gluten free toast** **VE*** **8.50**
Grilled tomatoes and smashed avocado on toasted brown or white gluten free bread. Topped with toasted pumpkin seeds and finished with cool tomato salsa and olive oil.
gluten free white 517 kcal | gluten free brown 505 kcal
- Strawberry granola** GF 441 kcal **6.25**
Layers of granola, strawberry compote and natural yoghurt, finished with fresh strawberries.
- Fresh fruit salad** **VE*** GF 59 kcal **7.50**
Pineapple, kiwi, melon, mango, grapes, blueberries, strawberries in a light syrup, topped with fresh passionfruit.

BREAKFAST SANDWICHES

All our breakfast sandwiches are freshly made to order on gluten free brown or white bread.

Add fried egg GF 137 kcal **1.75**

- Bacon** **6.25**
gluten free white 545 kcal | gluten free brown 533 kcal
- Sausage** **6.25**
gluten free white 410 kcal | gluten free brown 398 kcal

VEGAN BREAKFAST MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

- Vegan breakfast** **10.75**
VE 978 kcal
Two vegan sausages, two hash browns, crushed avocado, tomato salsa, grilled tomato, sourdough toast, mushroom and Heinz baked beans.



- Toast and marmalade** **GF*** **3.50**
Toasted brown or white bread served and marmalade. white 260 kcal | brown 233 kcal

SIDES

- Heinz baked beans** **GF*** VE 79 kcal **2.25**
- Mushroom** **GF*** VE 66 kcal **2.25**
- Crispy hash brown** **GF*** VE 159 kcal **1.75**

GF* - Ask for Gluten free

- Toast and strawberry jam** **GF*** **3.50**
Toasted brown or white bread served and strawberry jam. white 260 kcal | brown 233 kcal

- Tomato and avocado on toast** **GF*** VE 451 kcal **8.50**
Grilled tomatoes and smashed avocado on toasted sourdough, topped with toasted pumpkin seeds and finished with cool tomato salsa and olive oil.

- Vegan sausage sandwich** VE 697 kcal **6.25**
Freshly made to order on a soft linseed bun.

- Fresh fruit salad** **GF*** VE 59 kcal **7.50**
Pineapple, kiwi, melon, mango, grapes, blueberries, strawberries in a light syrup, topped with fresh passionfruit.

- Vegan sausage** VE 174 kcal **2.25**
- Grilled tomato** **GF*** VE 19 kcal **1.75**
- Sourdough toast** VE 173 kcal **1.75**

SANDWICHES ONLY SERVED 12NOON TO 5PM

Our sandwiches are freshly made to order on your choice of white (add 353 kcal) or brown (add 325 kcal) thick-cut bread. Served with crisps and coleslaw.

Tuna mayonnaise and cucumber 503 kcal **7.50**

Baked ham salad sandwich 443 kcal **7.25**

Freshly grated cheese and tomato sandwich V 732 kcal **7.25**
With apple and ale chutney

Add a portion of chips to your sandwich for only **2.75** 450 kcal or sweet potato fries for just **3.25** V 521 kcal

SPECIALITY

Ham, egg and 'chip-sticks' on sourdough 595 kcal **10.25**
Our twist on a true British classic. Pulled maple glazed ham hock, a free-range fried egg and crispy matchstick potatoes in a sourdough roll, served with red pepper piccalilli on the side.



Hot pork and stuffing on sourdough 642 kcal **10.25**
Slow roast pork and gravy with sage and onion stuffing in a sourdough roll, served with apple sauce and crunchy crackling.

Sweet potato falafel on sourdough V 1037 kcal **9.75**
Crispy sweet potato falafel with hummus, sliced tomato and crispy shredded cos lettuce in a sourdough roll, drizzled with Middle Eastern style dressing.

Meatball sub 928 kcal **10.25**
The sandwich of champions. Tender pork and beef meatballs, drenched in marinara sauce and topped with cheddar. Served in a soft submarine roll with a nut-free pesto on the side.

Vegan meatball sub V 691 kcal **10.75**
Vegan 'meatballs' in a marinara sauce, topped with vegan sliced cheese. Served in a soft submarine roll with a nut-free pesto on the side.

SALADS

Authentic Greek salad V 569 kcal **12.95**
Made the traditional Greek way with tomatoes, cucumber, feta cheese, olives, red onion and caper berries with an olive oil and oregano dressing.

Middle Eastern salad bowl V 1117 kcal **13.95**
Light, nutritious and packed with flavour: shawarma vegetables, spiced grains, goats cheese pearls, pear, baby kale, pomegranate seeds and Middle Eastern roasted garlic dressing.

SIDES

Coleslaw V 234 kcal **3.25** **Beer battered onion rings** V 577 kcal **4.95**
Side salad V 201 kcal **4.50** **Sweet potato fries** V 521 kcal **4.95**
Garden peas V 62 kcal **1.75** **Sports Café crispy chips** V 545 kcal **4.25**
Mushy peas V 104 kcal **1.75** **Bread and butter** **1.00**
Garlic bread V 427 kcal **5.50** on white bread 184 kcal
on brown bread 157 kcal
Cheesy garlic bread V 773 kcal **6.50**

SPORTS CAFÉ BURGERS

Our burgers are freshly grilled to order, served in a linseed bun with lettuce, tomato and red onion and Sports Café burger sauce with homemade coleslaw and crispy chips.

MAKE IT VEGAN:

Moving Mountains vegan burger V 1161 kcal **14.50**
Freshly grilled to order, served in a linseed bun with lettuce, tomato and red onion and vegan burger sauce with our homemade vegan coleslaw and crispy chips.
Add **vegan cheese** 57 kcal **1.75**

CHOOSE YOUR BURGER:

5oz beef patty or 5oz chicken breast

Want more?

Double up by adding extra beef or chicken **3.00**
Beef 309 kcal | Chicken 145 kcal

CHOOSE YOUR TOPPING:

Plain grilled **14.50**
Beef 1162 kcal - Chicken 994 kcal
Cheddar cheese and crispy bacon **15.50**
Beef 1371 kcal - Chicken 1201 kcal
Goats cheese and caramelised onion **15.50**
Beef 1456 kcal - Chicken 1268 kcal
Add cheese 83 kcal **1.75**

V - No meat or Fish

Adults need around 2000 kcal a day.

SMALL BOWLS

Small bowls are made for sharing!
We recommend 2-3 dishes per person.

3 BOWLS
19.00

5 BOWLS
29.00

Garlic bread 427 kcal **5.50**

Cheesy garlic bread 773 kcal **6.50**

Chicken wings 556 kcal **7.50**

Freshly cooked crispy chicken wings, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce

Crispy cauliflower 347 kcal **6.50**

Crispy battered cauliflower, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce



Crispy calamari 657 kcal **8.50**
With creamy lemon aioli and fresh lime.

Grilled shawarma vegetables 698 kcal **6.95**
With Middle Eastern garlic style dressing and grilled pitta bread.

Vegan 'meatballs' in marinara sauce 233 kcal **6.95**
Topped with nut-free pesto dressing.

Crispy sweet potato falafel 607 kcal **7.50**
With Middle Eastern garlic sauce.

Grilled shawarma chicken thighs 364 kcal **8.25**
With fresh lemon.

Grilled tenderstem broccoli 479 kcal **6.95**
With baba ganoush.

Grilled pitta bread and dips 745 kcal **6.50**
Jalapeño and red pepper hummus, and traditional hummus.

Crispy Korean style pork belly pieces 566 kcal **8.25**



Mini chilli sausages 1197 kcal **8.25**
With red pepper piccalilli

LOADED FRIES

GREAT FOR SHARING

Loaded fries 1161 kcal **10.75**
With crispy bacon, crispy onion, cheese sauce and melted cheese.

Spicy loaded fries 1204 kcal **11.95**
With crispy bacon, crispy onion, jalapeños, sriracha sauce, cheese sauce and melted cheese.

Vegetarian loaded fries 1089 kcal **10.75**
With crispy onion, sliced peppers, cheese sauce and melted cheese.

Vegetarian spicy loaded fries 1132 kcal **11.95**
With crispy onion, jalapeños, sliced peppers, sriracha sauce, cheese sauce and melted cheese.

Katsu loaded fries 977 kcal **11.95**
With crispy chopped chicken pieces and Katsu curry sauce, topped with finely sliced spring onions.



SPORTS CAFÉ CLASSICS

Chicken, ham and leek pie 1230 kcal **15.50**
A hearty chicken, ham and leek pie, served with crispy chips, gravy and your choice of garden peas (add 39 kcal) or mushy peas (add 44 kcal).

Scampi and chips 1382 kcal **16.25**
Crunchy, golden scampi served with crispy chips, fresh lemon, tartare sauce and your choice of garden peas (add 62 kcal) or mushy peas (add 104 kcal).

Fish and chips 1627 kcal **16.50**
Beer battered fresh haddock with crispy chips, tartare sauce, fresh lemon and your choice of garden peas (add 62 kcal) or mushy peas (add 104 kcal).

Grilled gammon steak 1067 kcal **16.50**
10oz chargrilled gammon steak, served with crispy chips, a free-range fried egg and tomato fondue.

Vegan tomato, pepper and bean pie 954 kcal **13.95**
Crispy and deep filled, served with crispy chips and your choice of garden peas (add 39 kcal) or mushy peas (add 44 kcal).

Adults need around 2000 kcal a day.

GLUTEN FREE MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Our sandwiches are freshly made to order on your choice of white gluten free bread (add GF 207 kcal) or brown gluten free bread (add GF 195 kcal). Served with crisps and coleslaw.

Tuna mayonnaise and cucumber GF 552 kcal **7.50**

Baked ham salad sandwich GF 443 kcal **7.25**

Freshly grated cheese and tomato sandwich V GF 658 kcal **7.25**

Add a portion of chips to your sandwich for only **2.75** GF 450 kcal or sweet potato fries for just **3.25** GF 521 kcal

SMALL BOWLS

Small bowls are made for sharing!
We recommend 2-3 dishes per person.

GREAT FOR SHARING

3 BOWLS
19.00

5 BOWLS
29.00

Chicken wings GF 556 kcal **7.50**
Freshly cooked crispy chicken wings, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce

Grilled shawarma vegetables V VE GF 523 kcal **6.95**
With Middle Eastern garlic style dressing.

Grilled shawarma chicken thighs GF 364 kcal **8.25**
With fresh lemon.

Grilled tenderstem broccoli V VE GF 479 kcal **6.95**
With baba ganoush.

SPORTS CAFÉ BURGERS

Our burgers are freshly grilled to order, served in a gluten free seeded bun with lettuce, tomato and red onion and Sports Café burger sauce with homemade coleslaw and crispy chips.

CHOOSE YOUR BURGER:

5oz beef patty or 5oz chicken breast

Want more?

Double up by adding extra beef or chicken 3.00
Beef GF 309 kcal | Chicken GF 145 kcal

CHOOSE YOUR TOPPING:

Plain grilled **14.50**

Beef GF 1162 kcal - Chicken GF 994 kcal

Cheddar cheese and crispy bacon **15.50**

Beef GF 1371 kcal - Chicken GF 1210 kcal

Goats cheese and caramelised onion **15.50**

Beef GF 1456 kcal - Chicken GF 1282 kcal

Add cheese GF 83 kcal **1.75**

SPORTS CAFÉ CLASSICS

Fish and chips GF 2137 kcal **16.50**
Freshly battered haddock in our gluten free beer batter with crispy chips, tartare sauce, fresh lemon and either garden peas (add GF 62 kcal) or mushy peas (add GF 104 kcal).

Grilled gammon steak GF 1067 kcal **16.50**
10oz chargrilled gammon steak, served with crispy chips, a free-range fried egg and tomato fondue.

SALADS

Authentic Greek salad V VE GF 569 kcal **12.95**
Made the traditional Greek way with tomatoes, cucumber, feta cheese, olives, red onion and caper berries with an olive oil and oregano dressing.

SIDES

Coleslaw V GF 234 kcal **3.25**

Side salad V VE GF 201 kcal **4.50**

Garden peas V VE GF 62 kcal **1.75**

Mushy peas V VE GF 104 kcal **1.75**

Sweet potato fries V VE GF 521 kcal **4.95**

Sports Café crispy chips V VE GF 545 kcal **4.25**

Gluten free bread and butter V **1.00**

On white gluten free bread GF 154 kcal | On brown gluten free bread GF 148 kcal

V - Vegetarian VE* - Ask for vegan

VEGAN MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Sweet potato falafel on linseed roll VE 747 kcal **9.75**
Crispy sweet potato falafel with hummus, sliced tomato and crispy shredded cos lettuce in a linseed roll, drizzled with a fennel and onion dressing.

Vegan 'meatball' sub VE 691 kcal **10.75**
Vegan 'meatballs' in a marinara sauce, topped with vegan sliced cheese. Served in a soft submarine roll with a nut-free pesto on the side.

Add a portion of chips to your sandwich for only **2.75** VE 450 kcal
or sweet potato fries for just **3.25** VE 521 kcal

SPORTS CAFÉ CLASSICS

Vegan tomato, pepper and bean pie VE 954 kcal **13.95**
Crispy and deep filled, served with crispy chips and your choice of garden peas (add VE 39 kcal) or mushy peas (add VE 44 kcal).

Moving Mountains vegan burger VE 1161 kcal **14.50**
Freshly grilled to order, served in a linseed bun with lettuce, tomato and red onion and vegan burger sauce with our homemade vegan coleslaw and crispy chips.
Add vegan cheese VE 57 kcal **1.75**

SALADS

Greek style salad GF VE 319 kcal **12.95**
Made the traditional Greek way with tomatoes, cucumber, olives, red onion and caper berries with an olive oil and oregano dressing.

Middle Eastern salad bowl VE 793 kcal **13.95**
Light, nutritious and packed with flavour: shawarma vegetables, spiced grains, pear, baby kale, pomegranate seeds and a lemon and garlic dressing.

SMALL BOWLS

Small bowls are made for sharing!
We recommend 2-3 dishes per person.

GREAT FOR SHARING

3 BOWLS 19.00 **5 BOWLS** 29.00

Crispy cauliflower VE 370 kcal **6.50**
Crispy battered cauliflower, coated with your choice of sauce:
BBQ sauce
Sriracha and garlic sauce ◀



Grilled shawarma vegetables GF VE 631 kcal **6.95**
With lemon and garlic dressing and pitta bread.

Vegan 'meatballs' in marinara sauce VE 233 kcal **6.95**
Topped with nut-free pesto dressing.

Grilled pitta bread and dips VE 745 kcal **6.50**
Jalapeño and red pepper hummus, and traditional hummus.

Crispy sweet potato falafel VE 621 kcal **7.50**
With fennel and onion dressing.

Grilled tenderstem broccoli GF VE 475 kcal **6.95**
With jalapeño and red pepper hummus.

SIDES

Side salad GF VE 201 kcal **4.50**

Garden peas GF VE 62 kcal **1.75**

Mushy peas GF VE 104 kcal **1.75**

Beer battered onion rings VE 577 kcal **4.95**

Sweet potato fries GF VE 521 kcal **4.95**

Sports Café crispy chips GF VE 545 kcal **4.25**

DESSERTS

Please let your server know if you're ordering from our gluten-free or vegan menus

One Scoop 2.95 **Two Scoops** 4.50 **Three Scoops** 5.50

VEGAN ICE CREAM **VE GF***

Vegan vanilla 182 kcal per scoop
Vegan salted caramel 182 kcal per scoop

SORBET **VE GF***

Blackcurrant sorbet 140 kcal per scoop
Mango sorbet 122 kcal per scoop

KELLY'S ICE CREAM **V GF***

Chocolate 228 kcal per scoop
Strawberry 192 kcal per scoop
Salted caramel 241 kcal per scoop
Vanilla 214 kcal per scoop
Bubblegum 229 kcal per scoop
Toffee fudge 214 kcal per scoop
Mint chocolate chip 223 kcal per scoop

Served with a wafer **V** 7 kcal

Oreo cookies and cream pie **V** 680 kcal **7.50**

An Oreo cookie pie with a crispy almond base with white and milk chocolate cream, studded with Oreo chunks and finished with dark chocolate drizzle.

Strawberries and cream cheesecake 592 kcal **7.50**

Light strawberry cheesecake with a crisp and chewy base, with whipped cream and strawberry sauce.

Sticky toffee pudding **V** 593 kcal **7.50**

A nostalgic childhood favourite - a soft toffee sponge with a warm caramel sauce.

Lemon meringue pie **V** 481 kcal **7.50**

Sharp and tangy lemon curd topped with a sweet and soft glazed meringue, served with whipped cream.

Daim bar cake **V GF*** 586 kcal - GF 586 kcal **7.50**

Layers of almond sponge, golden cream and crunchy almond caramel, smothered in smooth milk chocolate and served with whipped cream.

Lotus Biscoff sundae **V** 1070 kcal **7.50**

Layers of crushed Lotus Biscoff, vanilla and salted caramel ice cream, Lotus Biscoff dessert sauce and whipped cream, finished with a Lotus Biscoff biscuit.



CHILDREN'S MEAL DEAL DESSERTS

Chocolate brownies **V** 263 kcal **3.95**

With chocolate sauce and your choice of whipped cream (add 190 kcal) or vanilla ice cream (add 214 kcal).

Strawberry jelly and vanilla ice cream **GF*** 338 kcal **2.95**

Children's sundae **V GF*** 466 kcal **2.95**

Vanilla ice cream, whipped cream, chocolate sauce and a chocolate frog

Ice cream **V GF* VE*** 2.95

Choose from: vanilla 211 kcal | vegan vanilla 182 kcal | strawberry 201 kcal | chocolate 237 kcal | Served with a wafer **V** 7 kcal

Pip Organic Fruit ice lolly **V GF** 2.95

Choose from: Berry Fruity 20 kcal | Rainbow Fruity 20 kcal

Children's sundae



Adults need around 2000 kcal a day. **V - No meat or Fish, GF* - Ask for Gluten Free, VE* - Ask for Vegan**

Allergens: We use ingredients containing allergens as part of the preparation of food in all of our eateries. We also cook different foods with the same equipment. It is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross-contamination in our kitchens. Intended allergen ingredient information for all items on our menu is available on our allergen portal via our QR code. We cannot make changes to our menu items and currently do not provide details of any 'may contain' allergen statements. If this causes you concerns due to the severity of your allergy please consider carefully before ordering. We are reviewing how we improve this in future *Some of our meat/fish dishes may contain bones

FOOD MENU

SERVED FROM 12 NOON DAILY

As Center Parcs is now cashless, we know it might be a little harder to leave a tip when dining with us. We now add a discretionary 7.5% tip to your bill, which is only shared by the waiting, bar, and kitchen team. If you'd prefer not to tip, just let us know and we'll remove the amount without any hassle.

SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Our sandwiches are freshly made to order on your choice of white (add 353 kcal) or brown (add 325 kcal) thick-cut bread. Served with crisps and coleslaw.

Tuna mayonnaise and cucumber 503 kcal **7.50**

Baked ham salad sandwich 443 kcal **7.25**

Freshly grated cheese and tomato sandwich 732 kcal **7.25**
With apple and ale chutney

Add a portion of chips to your sandwich for only **2.75** 450 kcal

SPECIALITY SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Ham, egg and 'chip-sticks' on sourdough 595 kcal **10.25**
Our twist on a true British classic. Pulled maple glazed ham hock, a free-range fried egg and crispy matchstick potatoes in a sourdough roll, served with red pepper piccalilli on the side.



Hot pork and stuffing on sourdough 642 kcal **10.25**
Slow roast pork and gravy with sage and onion stuffing in a sourdough roll, served with apple sauce and crunchy crackling.

Sweet potato falafel on sourdough 1037 kcal **9.75**
Crispy sweet potato falafel with hummus, sliced tomato and crispy shredded cos lettuce in a sourdough roll, drizzled with Middle Eastern style dressing.

Meatball sub 928 kcal **10.25**
The sandwich of champions. Tender pork and beef meatballs, drenched in marinara sauce and topped with cheddar. Served in a soft submarine roll with a nut-free pesto on the side.

Vegan meatball sub 754 kcal **10.75**
Vegan 'meatballs' in a marinara sauce, topped with vegan sliced cheese. Served in a soft submarine roll with a nut-free pesto on the side.

Add a portion of chips to your sandwich for only **2.75** 450 kcal

SPORTS CAFÉ BURGERS

Our burgers are freshly grilled to order, served in a linseed bun with lettuce, tomato and red onion and Sports Café burger sauce with homemade coleslaw and crispy chips.

CHOOSE YOUR BURGER:

5oz beef patty

or

5oz chicken breast

Want more?

Double up by adding extra beef or chicken 3.00

Beef 309 kcal | Chicken 145 kcal

CHOOSE YOUR TOPPING:

Plain grilled

Beef 1162 kcal - Chicken 994 kcal

14.50

Cheddar cheese and crispy bacon

Beef 1371 kcal - Chicken 1201 kcal

15.50

Goats cheese and caramelised onion

Beef 1456 kcal - Chicken 1268 kcal

15.50

Add cheese 83 kcal

1.75

MAKE IT VEGAN:

Moving Mountains vegan burger 1161 kcal

14.50

Freshly grilled to order, served in a linseed bun with lettuce, tomato and red onion and vegan burger sauce with our homemade vegan coleslaw and crispy chips.

Add vegan cheese 57 kcal 1.75

SIDES

Garlic bread 427 kcal **5.50**

Cheesy garlic bread 773 kcal **6.50**

Sports Café crispy chips 545 kcal **4.25**

SALAD

Authentic Greek salad 569 kcal **12.95**

Made the traditional Greek way with tomatoes, cucumber, feta cheese, olives, red onion and caper berries with an olive oil and oregano dressing.



SMALL BOWLS

Garlic bread 427 kcal **5.50**

Cheesy garlic bread 773 kcal **6.50**

Chicken wings 556 kcal **7.50**
Freshly cooked crispy chicken wings, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce €

Crispy cauliflower 347 kcal **6.50**
Crispy battered cauliflower, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce €



Crispy calamari 657 kcal **8.50**
With creamy lemon aioli and fresh lime.

Grilled shawarma vegetables 698 kcal **6.95**
With Middle Eastern garlic style dressing and grilled pitta bread.

Small bowls are made for sharing!
We recommend 2-3 dishes per person.

3 BOWLS
19.00

5 BOWLS
29.00

Vegan 'meatballs' in marinara sauce 233 kcal **6.95**
Topped with nut-free pesto dressing.

Crispy sweet potato falafel 607 kcal **7.50**
With Middle Eastern garlic sauce.

Grilled shawarma chicken thighs 364 kcal **8.25**
With fresh lemon.

Grilled tenderstem broccoli 479 kcal **6.95**
With baba ganoush.

Grilled pitta bread and dips 745 kcal **6.50**
Jalapeño and red pepper hummus, and traditional hummus.

Mini chilli sausages 1197 kcal **8.25**
With red pepper piccalilli

Crispy Korean style pork belly pieces 566 kcal **8.25**



LOADED FRIES



Loaded fries 1161 kcal **10.75**
With crispy bacon, crispy onion, cheese sauce and melted cheese.

Spicy loaded fries 1204 kcal **11.95**
With crispy bacon, crispy onion, jalapeños, sriracha sauce, cheese sauce and melted cheese.

Vegetarian loaded fries 1089 kcal **10.75**
With crispy onion, sliced peppers, cheese sauce and melted cheese.

Vegetarian spicy loaded fries 1132 kcal **11.95**
With crispy onion, jalapeños, sliced peppers, sriracha sauce, cheese sauce and melted cheese.

Katsu loaded fries 977 kcal **11.95**
With crispy chopped chicken pieces and Katsu curry sauce, topped with finely sliced spring onions.



V - Vegetarian

Adults need around 2000 kcal a day.

GLUTEN FREE MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Our sandwiches are freshly made to order on your choice of white gluten free bread (add GF 207 kcal) or brown gluten free bread (add GF 195 kcal). Served with crisps and coleslaw.

Tuna mayonnaise and cucumber GF 552 kcal	7.50
Baked ham salad sandwich GF 443 kcal	7.25
Freshly grated cheese and tomato sandwich V GF 658 kcal	7.25

Add a portion of chips to your sandwich for only 2.75 VE GF 450 kcal

SPORTS CAFÉ BURGERS

Our burgers are freshly grilled to order, served in a gluten free seeded bun with lettuce, tomato and red onion and Sports Café burger sauce with homemade coleslaw and crispy chips.

CHOOSE YOUR BURGER:

- 5oz beef patty
- or
- 5oz chicken breast

Want more?

Double up by adding extra beef or chicken 3.00

Beef GF 309 kcal | Chicken GF 145 kcal

CHOOSE YOUR TOPPING:

Plain grilled Beef GF 1162 kcal - Chicken GF 994 kcal	14.50
Cheddar cheese and crispy bacon Beef GF 1371 kcal - Chicken GF 1210 kcal	15.50
Goats cheese and caramelised onion Beef GF 1456 kcal - Chicken GF 1282 kcal	15.50
Add cheese GF 83 kcal	1.75



SMALL BOWLS

Small bowls are made for sharing! We recommend 2-3 dishes per person.

3 BOWLS 19.00	5 BOWLS 29.00
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Chicken wings GF 556 kcal 7.50
Freshly cooked crispy chicken wings, coated with your choice of sauce: Honey BBQ sauce | Sriracha and garlic sauce

Grilled shawarma vegetables V VE GF 523 kcal 6.95
With Middle Eastern garlic style dressing.

Grilled shawarma chicken thighs GF 364 kcal 8.25
With fresh lemon.

Grilled tenderstem broccoli V VE GF 479 kcal 6.95
With baba ganoush.

SALAD

Authentic Greek salad V VE GF 569 kcal 12.95
Made the traditional Greek way with tomatoes, cucumber, feta cheese, olives, red onion and caper berries with an olive oil and oregano dressing.

SIDES

Sports Café crispy chips V VE GF 545 kcal 4.25

V - Vegetarian VE* - Ask for vegan

VEGAN MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Sweet potato falafel on linseed roll VE 747 kcal 9.75
Crispy sweet potato falafel with hummus, sliced tomato and crispy shredded cos lettuce in a linseed roll, drizzled with a fennel and onion dressing.

Vegan 'meatball' sub VE 691 kcal 10.75
Vegan 'meatballs' in a marinara sauce, topped with vegan sliced cheese. Served in a soft submarine roll with a nut-free pesto on the side.

Add a portion of chips to your sandwich for only 2.75 GF VE 450 kcal

BURGER

Moving Mountains vegan burger VE 1161 kcal 14.50
Freshly grilled to order, served in a linseed bun with lettuce, tomato and red onion and vegan burger sauce with our homemade vegan coleslaw and crispy chips.
Add vegan cheese VE 57 kcal 1.75

SALAD

Greek style salad GF VE 319 kcal 12.95
Made the traditional Greek way with tomatoes, cucumber, olives, red onion and caper berries with an olive oil and oregano dressing.



SMALL BOWLS

Small bowls are made for sharing! We recommend 2-3 dishes per person.

3 BOWLS 19.00	5 BOWLS 29.00
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Crispy cauliflower VE 370 kcal 6.50
Crispy battered cauliflower, coated with your choice of sauce: BBQ sauce | Sriracha and garlic sauce



Grilled shawarma vegetables GF VE 631 kcal 6.95
With lemon and garlic dressing and pitta bread.

Vegan 'meatballs' in marinara sauce VE 233 kcal 6.95
Topped with nut-free pesto dressing.

Grilled pitta bread and dips VE 745 kcal 6.50
Jalapeño and red pepper hummus, and traditional hummus.

Crispy sweet potato falafel VE 621 kcal 7.50
With fennel and onion dressing.

Grilled tenderstem broccoli GF VE 475 kcal 6.95
With jalapeño and red pepper hummus.



Allergens: We use ingredients containing allergens as part of the preparation of food in all of our eateries. We also cook different foods with the same equipment. It is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross-contamination in our kitchens. Intended allergen ingredient information for all items on our menu is available on our allergen portal via our QR code. We cannot make changes to our menu items and currently do not provide details of any 'may contain' allergen statements. If this causes you concerns due to the severity of your allergy please consider carefully before ordering. We are reviewing how we improve this in future *Some of our meat/fish dishes may contain bones

GF* - Ask for gluten free Adults need around 2000 kcal a day.

Please let your server know if you're ordering from our gluten-free or vegan menus

CHILDREN'S MENU

Served until 11.30am

BREAKFAST

Suitable for children up to 10 years old.

Choose your favourites from the items below

Three items Four items Five items

5.25 6.25 7.25

- | | | |
|---|---|---|
| Sausage GF*
187 kcal - GF 102 kcal | Free-range scrambled egg V GF*
258 kcal - GF 258 kcal | Brown toast V GF* VE*
134 kcal - GF 149 kcal
VE 134 kcal |
| Bacon GF*
113 kcal - GF 113 kcal | Free-range poached egg V GF*
79 kcal - GF 79 kcal | Grilled tomato V GF* VE*
5 kcal - GF/VE 5 kcal |
| Heinz baked beans V GF* VE*
41 kcal - GF/VE 41 kcal | White toast V GF* VE*
143 kcal - GF 155 kcal
VE 153 kcal | Hash brown V GF* VE*
159 kcal - GF/VE 159 kcal |
| Free-range fried egg V GF*
137 kcal - GF 137 kcal | | Vegan sausage VE
VE 174 kcal |

Children's sandwiches 5.50

All sandwiches are served with crisps, on a choice brown bread (add 166 kcal - GF 195 kcal) or white bread (add 184 kcal - GF 207 kcal) V GF* VE*

- Cheese V GF*** 248 kcal - GF 248 kcal
- Ham GF*** 157 kcal - GF 158 kcal
- Tuna mayonnaise GF*** 238 kcal - GF 238 kcal
- Banana V GF* VE** 180 kcal - GF 180 kcal - VE 150 kcal

Add chips VE GF* for 1.75 256 kcal

Build your own wrap 5.50

Served with two flour wraps, cucumber and red pepper sticks, carrot strings and hummus for you to build it just the way you like it.

- Choose your filling:
- Grated cheese V** 329 kcal
 - Grilled chicken** 311 kcal
 - Tuna mayonnaise** 241 kcal



V No Meat or Fish VE Vegan VE* Ask for Vegan GF Gluten Free GF* Ask for Gluten Free

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MEAL DEAL

MAIN + DRINK + DESSERT 8.95

MAINS

- Chicken nuggets 259 kcal 7.95**
 - Battered cod bites 290 kcal 7.95**
 - Beef burger GF* 389 kcal - GF 491 kcal 7.95**
add cheese GF* (add 83 kcal)
 - Crispy vegan nuggets V VE* 245 kcal 7.95**
- Served with Heinz baked beans VE GF* (add 41 kcal) or peas VE GF* (add 47 kcal) and your choice of chips VE GF* (add 143 kcal) or plain buttered pasta V (add 360 kcal)

Cheesy pizza V 431 kcal 7.95
A cheese and tomato pizza served with fruit and vegetable crudites.

Hidden vegetable and pork meatball pasta 390 kcal 7.95
Meatballs and pasta in a tomato sauce.

Lovely veggie lasagne V 327 kcal 7.95
Layered Mediterranean vegetables with tomato sauce and grated cheese.

Terrific tomato pasta V VE* 6.95
389 kcal - VE 390 kcal
Penne pasta in a light tomato sauce, served with a pot of grated cheese.

Served with garlic bread V (add 143 kcal) or fruit and vegetable crudites VE GF* (add 53 kcal)

DRINKS

- Pepsi Max 0.1 kcal 2.25**
- Tango 11 kcal 2.25**
- R Whites Lemonade 0.7 kcal 2.25**
- Child's milk 120 kcal 1.95**
- Child's water 1.95**
- Robinsons Fruit Shoot 2.25**
Apple and Blackcurrant | Orange
- Fruit juice 2.25**
Apple 93 kcal | Orange 104 kcal

DESSERTS

- Chocolate brownies V 207 kcal 3.95**
With chocolate sauce and your choice of whipped cream (add 190 kcal) or vanilla ice cream (add 214 kcal).
- Children's sundae V GF* 466 kcal 2.95**
Vanilla ice cream, whipped cream, chocolate sauce and a chocolate frog
- Strawberry jelly and vanilla ice cream GF* 327 kcal 2.95**
- Ice cream V GF* VE* 2.95**
Choose from: vanilla 211 kcal | vegan vanilla 182 kcal
strawberry 201 kcal | chocolate 237 kcal
- Pip Organic Fruit ice lolly VE GF 2.95**
Choose from: Berry Fruity 20 kcal | Rainbow Fruity 20 kcal



We have a range of Ella's Kitchen organic baby food available. Please order via your server. When you are ready to warm your baby food, please use one of our baby stations.