



WOODLAND WHEELERS/STREET KARTS

Safety Information

Please note that these activities involve some physical exertion.

The activity you are about to participate in is high risk, following the safety rules and advice will reduce that risk, failing to follow these rules and advice could result in serious injury.

All personal data provided in this form relating to you and any named children will be processed by Center Parcs for the purposes of providing the activity. For more information about how we handle your personal data please see our full privacy policy available on our website or on request from Guest Services

For your own safety & comfort:

- Dress appropriately for weather conditions, wear clothing you don't mind getting dirty or damaged
- You will receive a full safety briefing prior to the session
- Open toed shoes, croc type shoes, espadrilles or open back shoes must not be worn
- Bring all medication you may need throughout the activity.
- Long hair must be tied back at all times during the session
- You may not participate in this activity under the influence of alcohol
- You must follow all instructions given by instructors during the activity.
- Should your conduct be deemed unsafe or unacceptable by an instructor, you will be instructed to cease the activity immediately
- In the event of thunder and lightning, the session will cease until 30 minutes after last thunder or lightning strike.
- All Personal Protective Equipment provided must be worn at all times during the session
- Aggressive riding will not be tolerated and will result in the immediate termination of the session and/or the individuals at fault removal from the session.
- Any abuse or inappropriate treatment of the equipment will result in that participant's removal from the session
- U8's must be accompanied by a paying adult.

Name of Participant	Age	Signature (Participant/Parent/Guardian where participant is under 18)	Can participants under 18 leave the session alone?	Villa/Lodge/ Apartment Number	Date	Emergency Contact Point for Parent/Guardian of participants under 18
			YES / NO			
			YES / NO			
			YES / NO			
			YES / NO			
			YES / NO			

Center Parcs does not accept any liability for any loss (including theft), damage to belongings or personal injury unless due to our negligence or any other breach of duty.

**PLEASE READ MEDICAL QUESTIONNAIRE
AND ANSWER QUESTIONS OVERLEAF**



WOODLAND WHEELERS/STREET KARTS

Medical Questionnaire

Please note that these activities involve some physical exertion.

You must not participate in this activity if any of the following apply to you, without first obtaining your doctor's written approval which we will need to see before allowing you to take part.

- You suffer from heart disease, high or low blood pressure or any cardiovascular problem unless satisfactorily controlled by appropriate medication/treatment.
- Undiagnosed pains in your heart or chest, particularly associated with minimal effort.
- Breathing difficulties, including asthma where this is not satisfactorily controlled by medication.
- Epilepsy where this is not satisfactorily controlled by medication.
- You suffer from any other condition which increases the risk or severity of injury from impact
- Back pain or limited movement in any joint, particularly where this is made worse by exercise.
- You are recuperating from any serious illness, injury or operation.
- You are currently pregnant or have recently given birth and experienced any difficulties during pregnancy.
- You are taking medication which may cause drowsiness.
- You have frequent episodes of feeling faint or spells of dizziness.

Do any of the above apply to any of your party?

YES / NO (delete as appropriate)

If YES, please provide details and please attach any medical consents received from your doctor:

(Please attach any medical consents received from your doctor.)

Are you aware of any other medical history or disability that may affect your ability to undertake the activity?

YES / NO

(delete as appropriate)

If YES, please provide details:

..... **Instructor Signature:**

Whilst every effort will be made to accommodate your needs, your safety is our first consideration and it may be necessary to review your involvement in the activity.

If you have any concerns upon any of these matters, please discuss these with an instructor prior to arrival for the session.

Declaration for participants over eighteen

I confirm that I have read and will abide by all the information provided on both sides of this leaflet and that the information provided by me is true to the best of my knowledge.

Declaration and consent for Emergency Medical Treatment for participants under the age of eighteen

(To be completed by parent/legal guardian)

I confirm that the participant has read and will abide by all the information provided on both sides of this leaflet and that the medical information provided regarding him/her is true to the best of my knowledge. I give permission for a member of staff to obtain urgent medical treatment for the participant named on this card. This may include life saving surgery, or emergency treatment recommended by a doctor or dentist for an acute condition or to alleviate pain.

Additional Safety Information

Street Karts

- Under 8 years to be accompanied by a paying and participating adult
- Riders not following instruction will be removed from the session

Woodland Wheelers

- Weight limit minimum 4st (25kg), maximum 15 1/2 st (100kg)
- Riders not following instruction will be removed from the session.

**PLEASE READ SAFETY INFORMATION
AND SIGN THE DECLARATION OVERLEAF**